

WINTER/SPRING 2024

Wethersfield Parks and Recreation

(860)721-2890



Registration - Residents and Friends of the Nature Center begins Wednesday, January 3rd at 8:00A and for non-residents on Thursday, January 4th at 8:00A.

Website - wethersfieldct.gov/recreation

Refund Policy - For refund details, see page 2.



SCAN QR CODE FOR
ONLINE REGISTRATION

STAFF

Kathleen Bagley, Director
Jahlim Cuttino, Therapeutic Recreation Supervisor
Dayshell Foreshaw, Technical Assistant
Kathy Griswold, Office Manager
John Lamb, Custodian
Izzy Lopez, Technical Assistant
Rachael Mattioli, Assistant Director
Amy Miller Dignoti, Senior Center Coordinator
Natalie Morrison, Recreation Supervisor II
Tom Nowak, Custodian
Sara Roccapiore, Recreation Supervisor II
Patrick Telman, Nature Center Director

REVISED 5/1/24

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ADVISORY BOARD

Michael Bisi, Chairman
Richard Lepore, Vice Chairman
Suzanne Barton
Jordan Dikegoros
Sarah Gantley
Mary Mahar
Karen Mann
Colleen Mattatall
Thomas Mull
Shelley Carbone, Council Liaison

CONTACT INFORMATION

Parks & Recreation Department
505 Silas Deane Highway
860-721-2890

rec.activities@wethersfieldct.gov

William J. Pitkin Community Center
30 Greenfield Street
860-721-2750

community.center@wethersfieldct.gov

Eleanor Buck Wolf Nature Center
156 Prospect Street
860-721-2780

nature.center@wethersfieldct.gov

Senior Center
30 Greenfield Street
860-721-2770

senior.center@wethersfieldct.gov

Registration Policies

- **REGISTRATION:** Registration for both winter and spring programs will begin for residents and Friends of the Nature Center on Wednesday, January 3rd at 8:00A and non-residents on Thursday, January 4th at 8:00A. Exceptions are indicated in the program descriptions.
- Online registration enables you to know immediately that you are registered for the desired class.
- For registration by mail or in person, please use the registration form on the last page. Copies of the registration form are accepted. Please submit forms by mail or drop off at Parks & Recreation or the Pitkin Community Center. Forms received by mail or in person will be processed at random. Forms will be accepted one week prior to the start of registration.
- Registrations by fax or phone are not accepted.

- **REGISTERED HOUSEHOLD:** Register online at rec.wethersfieldct.gov. Once your household is entered and approved in the database, you will receive a username and password by the next business day to begin registering online.
- Class participants must be registered under the household in which they reside.

- **PAYMENT:** Online registration may be made by MasterCard, Visa, or Discover.
- Accepted methods of payment are cash, check or money order (payable to the Town of Wethersfield), MasterCard, Visa, or Discover.
- For financial assistance, please contact Parks & Recreation for further information.

- **WAIVER:** If you have a physical limitation, it is your responsibility to obtain a statement from your doctor approving your participation in a program. Parks & Recreation complies with the Americans with Disabilities Act by making reasonable accommodations in its programs to enable participation by people with disabilities who meet essential eligibility requirements for the specific programs and facilities.

- **REFUNDS & CANCELLATIONS:** Parks & Recreation reserves the right to cancel programs and issue refunds due to insufficient registrants or causes beyond its control. Refunds will be automatic if a session is cancelled.
- All refund requests for withdrawal from a program must be made in writing and sent to: rec.activities@wethersfieldct.gov.
 - A full refund less a \$10 processing fee per program will be given if withdrawal is requested two (2) weeks prior to the start of the program.
 - A 50% refund less a \$10 processing fee per program will be given if withdrawal is requested one week prior to the start of the program.
 - REFUNDS WILL NOT BE GRANTED LESS THAN ONE WEEK PRIOR TO THE PROGRAM START DATE.

- **PROGRAM CANCELLATIONS:** In person programs cancelled due to inclement weather will be announced on the Parks & Recreation info line at (860)721-2890 and on the Parks & Recreation Facebook page @ParksRecWethersfield.
- If schools close due to inclement weather, all programs beginning from 5:15A to 4:30P will be cancelled. If schools open late due to inclement weather, in person programs beginning before 10:00A are cancelled. In either case, all fitness programs with remote options will switch to virtual classes.
- If schools close early, all afternoon programs are cancelled. Evening cancellations will be announced by 4:00P.
- Weekend cancellations will be announced by 8:00A on the info line at (860) 721-2890, on WNBC-30 and on the Parks & Recreation Facebook page @ParksRecWethersfield.



Registration Form on last page.

**Backman Pool
at Wethersfield High School**

- Open 1/2/2024 - 6/1/2024
- 411 Wolcott Hill Road
- Proof of age and residency (e.g. driver's license) is required for admission.
- Non-resident guests must be accompanied by a resident adult.

Daily Admission:

*Child = Under 18

- Resident Adult \$4
- Resident Child* \$2
- Non-resident Adult \$5
- Non-resident Child* \$3

Open Swim:

- Tuesday, Thursday, and Friday 7:45 - 9:00P
- Saturday 1:00 - 3:30P

Adult Swim:

- Tuesday and Thursday 6:30 - 7:15A

Season Passes

Available for purchase online, by mail-in registration, or in person at Parks & Recreation. Passes will not be sold at the pool. Daily admission cannot be credited toward purchase of a pass.

Family Pass \$65

Available to two (2) adults as well as children living in the same household. Additional adult(s) living in the household must purchase an individual or family pool pass. Please remember to list all family members on the pass.

Individual Pass \$40

Available to any resident or child.



Your season pass is a barcode found in your online account under "My Account" - "My Memberships".



SWIM LESSONS

Registration deadline for winter is Friday, 1/19 at 4:00P online and 4:30P in the Parks & Recreation Office. Registration deadline for spring is Friday, 3/22 at 4:00P online and 4:30P in the Parks & Recreation Office. Classes will not be held on 4/13. Swim lessons are available to residents only. See prerequisites for each swim lesson level. A swim pass is required for swim lessons. Instructors may reassign level placement based on skills and availability.

PARENT AND CHILD AQUATICS

Age 1½-3. Children will have fun in the water while being exposed to basic swimming skills through games, songs and activities. Learning objectives: Exit and enter the water in a safe manner, in water exploration, bob, leg and arm action on front and back individually and combined, roll from front to back and back to front, front and back float, and glide with assistance. Min/Max: 1/10. No class 4/13. Wethersfield High School.

Date	Day	Time	Fee	Code
1/20-3/9	Sa	9:00-9:40A	\$20	401020-01
3/23-5/18	Sa	9:00-9:40A	\$20	501020-01

PRESCHOOL AQUATICS

Age 4-5. Prerequisite: Ages 4-5 or age 3 and completed Parent & Child Aquatics. Students become familiar with the aquatic environment. Learning objectives: Enter and exit water using ladder, steps or side, bob, open eyes underwater and retrieve submerged objects, front and back glide, front and back float, recover from a front and back float or glide to a vertical position, roll from front to back and back to front, tread water using arm and leg actions, combined arm and leg actions on front and back and finning arm action on back. Min/Max: 1/6. No class 4/13. Wethersfield High School.

Date	Day	Time	Fee	Code
1/20-3/9	Sa	10:30-11:10A	\$20	401021-01
1/20-3/9	Sa	12:00-12:40P	\$20	401021-02
3/23-5/18	Sa	10:30-11:10A	\$20	501021-01
3/23-5/18	Sa	12:00-12:40P	\$20	501021-02

LEVEL 1: INTRODUCTION TO WATER

SKILLS

Age 5-13. Prerequisite: Ages 5+ or age 4 and completed Preschool Aquatics. Students learn how to feel comfortable in the water and safely enjoy it. Learning objectives: Enter and exit water independently, blow bubbles through mouth and nose, bob, open eyes under water and retrieve submerged objects, front and back glides and floats, recover to vertical position, roll from front to back and back to front, tread water using arm and hand actions, alternating and simultaneous arm and leg actions on the front and back, combined arm and leg actions on front and back and follow basic water safety rules. Min/Max: 1/10. No class 4/13. Wethersfield High School.

Date	Day	Time	Fee	Code
1/20-3/9	Sa	9:45-10:25A	\$20	401022-01
1/20-3/9	Sa	10:30-11:10A	\$20	401022-02
1/20-3/9	Sa	12:00-12:40P	\$20	401022-03
3/23-5/18	Sa	9:45-10:25A	\$20	501022-01
3/23-5/18	Sa	10:30-11:10A	\$20	501022-02
3/23-5/18	Sa	12:00-12:40P	\$20	501022-03

LEVEL 2: FUNDAMENTALS OF AQUATIC

SKILLS

Age 5-13. Prerequisite: Successful completion of Level 1. Students learn basic swimming skills. Learning objectives: Enter and exit water by stepping or jumping from the side, fully submerge and hold breath, bob, open eyes under water and retrieve submerged objects, front, jellyfish and tuck floats, front and back glides and floats, recover to vertical position, roll from front to back and back to front, change direction of travel while swimming on front or back, tread water using arm and leg actions, combined arm and leg actions on front and back and finning arm action. Min/Max: 1/10. No class 4/13. Wethersfield High School.

Date	Day	Time	Fee	Code
1/20-3/9	Sa	9:45-10:25A	\$20	401023-01
1/20-3/9	Sa	11:15-11:55A	\$20	401023-02
3/23-5/18	Sa	9:45-10:25A	\$20	501023-01
3/23-5/18	Sa	11:15-11:55A	\$20	501023-02

LEVEL 3: STROKE DEVELOPMENT

Age 5-13. Prerequisite: Successful completion of Level 2. Additional guided practice helps students improve skills. Learning objectives: Enter water by jumping from side, headfirst entries from the side in sitting and kneeling positions, bobbing while moving toward safety, rotary breathing, survival float, change from vertical to horizontal position on front and back, tread water, flutter, scissor, dolphin and breaststroke kicks on front and front crawl and elementary backstroke. Min/Max: 1/10. No class 4/13. Wethersfield High School.

Date	Day	Time	Fee	Code
1/20-3/9	Sa	11:15-11:55A	\$20	401024-01
1/20-3/9	Sa	12:00-12:40P	\$20	401024-02
3/23-5/18	Sa	11:15-11:55A	\$20	501024-01
3/23-5/18	Sa	12:00-12:40P	\$20	501024-02

LEVEL 4: STROKE IMPROVEMENT

Age 6-13. Prerequisite: Successful completion of Level 3. Students gain confidence during swim lessons, improve strokes and gain additional aquatic skills. Learning objectives: Headfirst entries from the side in compact and stride positions, swim under water, feet first surface dive, survival swimming, front crawl and backstroke open turns, tread water using 2 different kicks, front and back crawl, elementary backstroke, breaststroke, sidestroke and butterfly and flutter and dolphin kicks on back. Min/Max: 1/10. No class 4/13. Wethersfield High School.

Date	Day	Time	Fee	Code
1/20-3/9	Sa	9:45-10:25A	\$20	401025-01
3/23-5/18	Sa	9:45-10:25A	\$20	501025-01

LEVEL 5: STROKE REFINEMENT

Age 6-13. Prerequisite: Successful completion of Level 4. Guidance allows students to refine strokes and become more efficient swimmers. Learning objectives: Shallow-angle dive from the side then glide and begin a front stroke, tuck and pike surface dives (submerge completely), front and back flip turns while swimming, front and back crawl, elementary backstroke, breaststroke, sidestroke, butterfly and sculling. Min/Max: 1/10. No class 4/13. Wethersfield High School.

Date	Day	Time	Fee	Code
1/20-3/9	Sa	11:15-11:55A	\$20	401026-01
3/23-5/18	Sa	11:15-11:55A	\$20	501026-01

LEVEL 6: SWIMMING AND SKILL PROFICIENCY

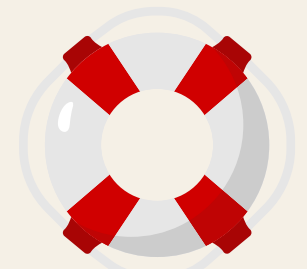
Age 6-13. Prerequisite: Successful completion of Level 5. Students learn to swim with ease and efficiency and gain the ability to swim smoothly over greater distances. Learning objectives: Increase endurance while swimming front (100 yards) and back (50 yards) crawls, butterfly (50 yards), elementary backstroke (100 yards), breaststroke (50 yards) and sidestroke (50 yards), demonstrate front and back flip turns and open turns for freestyle, backstroke, breaststroke, sidestroke and butterfly, dive from deck and diving board in kneeling, forward dive fall-in and standing positions, forward dive from tuck and pike positions with takeoff and swim 500 yards continuously using any 3 strokes of choice. Min/Max: 1/10. No class 4/13. Wethersfield High School.

Date	Day	Time	Fee	Code
1/20-3/9	Sa	9:00-9:40A	\$20	401027-01
3/23-5/18	Sa	9:00-9:40A	\$20	501027-01



Interested in becoming a lifeguard?

The Wethersfield Parks and Recreation Department is currently accepting applications for lifeguarding and WSI positions at Mill Woods Pond and Willard Pool. Applicants must be 15 years old and possess valid lifeguarding and/or WSI certification. Applications are available online at wethersfieldct.gov/recreation. Completed seasonal/part time employment applications should be submitted to Wethersfield Parks and Recreation, 505 Silas Deane Highway, Wethersfield, CT 06109. For more information contact Wethersfield Parks and Recreation at (860)721-2890.



BARRACUDAS SWIM STROKE CLINIC

Swim stroke and competitive technique refinement. Prerequisite: Able to swim 2 laps without stopping and completion of Swim Lesson Level 3. Min/Max: 18/24. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
Age 5-10				
3/4-3/28	M-F	5:45-6:30P	\$100/\$135	401003-01
4/15-5/10	M-F	5:45-6:30P	\$100/\$135	501003-01
Age 11-18				
3/4-3/28	M-F	6:30-7:45P	\$100/\$135	401004-01
4/15-5/10	M-F	6:30-7:45P	\$100/\$135	501004-01



VISITING INFORMATION

156 Prospect Street.
Open Tuesday – Saturday,
10:00A-5:00P.

Features hands-on exhibits,
live animals, picnic areas
and walking trails in Mill
Woods Park. Suggested
donation \$3.

FREE for Friends members.
Information regarding
rentals, parties, volunteer
opportunities, lectures, field
trips and outreach
programs are available
online at
www.ebwnaturecenter.org,
on Facebook by liking
“ebwnaturecenter” or via
phone at 860-721-2780.

Friends of the Eleanor Buck Wolf Nature Center

The Friends of the Nature Center is an independent, member- supported, non-profit organization which promotes ecology education through programs, events, and scholarships. Friends of the Nature Center meets on the third Tuesday of each month 7:00-8:00P. Members visit the Nature Center for free, receive program discounts, early registration, etc. You can now join or renew online while registering for programs. See page 7 for more information.

OUTREACH PROGRAMS

Nature Center staff is available to travel to your school or organization and provide students and adults with the opportunity to visit with the animals that live at the Nature Center. A variety of nature based programs are also available.

BOOK YOUR SCOUT GROUP

Boy Scout and Girl Scout troops may schedule seasonal and age appropriate programs (insects, flowers, forestry, etc.) after school or on weekends. Programs are subject to availability and run 1-1½ hours in length. For more information contact the Nature Center.



VACATION ADVENTURES AT EBWNC

Grade K-6. Experience hands-on lessons about the environment. Create unique art projects. Visit with live animals and enjoy outdoor explorations in Mill Woods Park. Combine fun and learning during school vacation with adult educators and teen assistants.

ADVENTURES IN WINTER

2/16 & 2/19-2/20

MOON, METEORS AND PLANETS

Learn about the phases of the moon, upcoming meteor showers, and the rovers used to explore planets and more. In addition, visit with some animals and as always have a variety of games, crafts, readings and guided explorations. Min/Max: 5/16. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
Grades K-2				
2/16	F	8:00A-4:30P	\$45/\$50	406020-02
2/19	M	8:00A-4:30P	\$45/\$50	406021-02
2/20	Tu	8:00A-4:30P	\$45/\$50	406022-02
Grades 3-6				
2/16	F	8:00A-4:30P	\$45/\$50	406020-03
2/19	M	8:00A-4:30P	\$45/\$50	406021-03
2/20	Tu	8:00A-4:30P	\$45/\$50	406022-03

ADVENTURES IN SPRING

4/8-4/12

PREHISTORIC CRITTERS

Learn about prehistoric animals from the Ankylosaurus to the Zapalasaurus and a variety of other creatures throughout the week. We will also have daily individual topics, visit with our animals, play games, and explore Mill Woods Park. Min/Max: 5/16. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
Grades K-2				
4/8	M	8:00A-4:30P	\$45/\$50	506040-02
4/9	Tu	8:00A-4:30P	\$45/\$50	506041-02
4/10	W	8:00A-4:30P	\$45/\$50	506042-02
4/11	Th	8:00A-4:30P	\$45/\$50	506043-02
4/12	F	8:00A-4:30P	\$45/\$50	506044-02
Grades 3-6				
4/8	M	8:00A-4:30P	\$45/\$50	506040-03
4/9	Tu	8:00A-4:30P	\$45/\$50	506041-03
4/10	W	8:00A-4:30P	\$45/\$50	506042-03
4/11	Th	8:00A-4:30P	\$45/\$50	506043-03
4/12	F	8:00A-4:30P	\$45/\$50	506044-03



ADULT PROGRAMS

WILDERNESS FIRST AID

Age 16+. Basic training for outdoor enthusiasts and group leaders. Instruction and hands-on practice in patient assessment, cold-and heat-related injuries, fractures, environmental emergencies (e.g. lightning), etc. Meets ACA staff guidelines. Recertifies SOLO WFR. Includes 2-year certification, lunch, snacks and text. After 2/12, \$125 becomes non-refundable. Min/Max: 4/20. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
3/2-3/3	Sa, Su	9:00A-5:00P	\$205/\$220	406180-01

EARLY CHILDHOOD PROGRAMS

BIRDS AND BUNNIES

Age 2-5. As the days are getting longer and warmer, we start to see more animal activity outside in spring. Meet some Nature Center friends and learn about springtime animal habits through song, stories, crafts and games. Bring a small snack and dress appropriately for outdoor exploration. Min/Max: 4/10. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
4/4	Th	10:00-11:30A	\$15/\$18	506223-01

NATURE SCHOOL - TADPOLES

Age 2-3½. Parent/caregiver and child participate in educational and hands-on activities utilizing curriculum focused on the animals that reside at the EBW Nature Center. Children will compare and contrast their anatomy, habitat and diet to the reptiles, mammals, birds, fish and amphibians at the Nature Center. Activities include literacy, music and art connections as well as outdoor exploration. Circle time and games will help develop social skills and engage curiosity about the natural world. Min/Max: 4/10. EBW Nature Center. No class 2/20.

Date	Day	Time	Friends/Other	Code
2/13-4/2	Tu	10:00-11:30A	\$70/\$80	406081-01
2/14-3/27	W	10:00-11:30A	\$70/\$80	406081-02
4/16-5/28	Tu	10:00-11:30A	\$70/\$80	506081-01
4/17-5/29	W	10:00-11:30A	\$70/\$80	506081-02

NATURE SCHOOL FROGLET

Age 3½-5. Parent/caregiver and child participate in hands-on activities using nationally recognized curriculum Growing Up Wild. Activities connect young children to nature and expose them to new math and literacy vocabulary. Through music, movement and art, spark creativity and build on a child's natural affinity towards nature. Each activity will have a take home connection which will enable the participant to continue exploring at home. Min/Max: 4/10. EBW Nature Center. No class 2/16 & 3/29.

Date	Day	Time	Friends/Other	Code
2/15-3/28	Th	10:00-11:30A	\$70/\$80	406082-01
2/9-4/5	F	10:00-11:30A	\$70/\$80	406082-02
4/18-5/30	Th	10:00-11:30A	\$70/\$80	506082-01
4/19-5/31	F	10:00-11:30A	\$70/\$80	506082-02

SUPERB OWL SUNDAY

New this year! Celebrate superb owls and other birds at the Nature Center. Listen to owl calls, read owl books, make an owl craft, and meet one of the nature center birds. Parent/caregiver stays with child. Please pack a small snack for storytime. Min/Max: 4/10. EBW Nature Center.

Date	Day	Time	Friends/Other	Code
Age 2-5				
2/11	Su	12:00-1:30P	\$15/\$18	406223-01
Age 6-12				
2/11	Su	2:00-3:30P	\$15/\$18	406223-02

VOLUNTEER

Volunteers are an essential part of the Nature Center's daily operations. Summer camps, special event programs and daily animal care would not be possible without the dedication and commitment of volunteers.

NATURE CENTER VOLUNTEER ORIENTATION

Age 13+. Students, adults and interns may volunteer as a greeter, gardener, animal caretaker, educator, special events assistant, etc. Orientation introduces the seasonal programs and events, on-going and short-term volunteer opportunities and basic safety training. Volunteer orientations are scheduled by appointment by contacting the Nature Center at 860-721-2780.



FREE PROGRAMS

WINTER WALKS

All ages. Join the Great Meadows Conservation Trust for their 2024 Brisk Winter Walks. Co-sponsored with the Land Heritage Coalition of Glastonbury, the Eleanor Buck Wolf Nature Center and Goodwin College. Locations vary.

Date	Day	Time	Location
1/1	M	1:00-2:30P	GMCT Wood Parcel & More
1/7	Su	1:00-2:30P	Goff Brook Trail/Dipaola Parcel
1/13	Sa	11:00A-1:00P	Walker Easement & Coal Wharf, Glastonbury
1/14	Su	1:00-3:00P	Wolcott, Crilly & Zeleski Parcels
1/21	Su	1:00-2:30P	Wolf Parcel & Demille Easement
1/25	Th	4:30-6:00P	Main Street to Cove Park
1/27	Sa	9:00A-2:30P	Crow Point
1/28	Su	1:00-2:30P	Dickau, Beers, Baril & Bidwell Parcels
2/3	Sa	9:00-10:30A	Wilson-Carvalho & Hockanum Meadows Parcel

Be sure to dress for the weather and ground conditions, including mud and snow. Weather and water conditions may cause scheduled walks to be cancelled. These locations are used for hunting so wear an orange vest if you have one. Call Jim Woodworth for the most up to date information at 860-808-9968.

HOST YOUR NEXT BIRTHDAY PARTY AT THE NATURE CENTER

A birthday party at the Eleanor Buck Wolf Nature Center is unique, encouraging interest in nature while enjoying the conveniences of a party outside your home. Staff will assist with set-up and clean-up, greet guests and lead hands-on activities with the animals. Parties are 2 hours and flexible scheduling is offered. Fee is \$175 for Friends of the Nature Center and \$200 for non-members. For more information contact the Nature Center.

SCHOOL FIELD TRIPS

The Nature Center is a great place for field trips. Staff provide hands-on learning experiences and can design programs that align with the current state science standards.

Eleanor Buck Wolf Nature Center

156 Prospect St, Wethersfield, CT 06109 Phone: (860) 721-2780

Friends of the Nature Center Membership Registration Form**HOUSEHOLD CONTACT INFORMATION – ALL INFORMATION MUST BE COMPLETED**

Adult First Name _____ Last Name _____

Adult First Name _____ Last Name _____

Street Address _____ City _____ State _____ Zip _____

Home Phone _____ Cell Phone _____ Email Address _____

Annual Memberships	Registration Fee	Lifetime Memberships	Registration Fee
<input type="checkbox"/> Individual	\$15	<input type="checkbox"/> Individual	\$500
<input type="checkbox"/> Family	\$25	<input type="checkbox"/> Family	\$1000
<input type="checkbox"/> Group (Non-Profit, School, Scouts etc.)	\$40		
<input type="checkbox"/> Guardian of Nature	\$65 (Includes Pin and T Shirt)		

Is this a renewal or new membership Renewal New

	Member Info – Name	Age	DOB		Member Info - Name	Age	DOB
Adult 1				Child 2			
Adult 2				Child 3			
Child 1				Child 4			

Payment Type: Check # _____ Cash _____ Credit Card**Membership Subtotal** \$ _____**Friends Donation** + _____Credit Card Signature _____ Date _____ **Total Amount** \$ _____**I agree to pay the total amount according to the cardholder agreement.** Visa Mastercard Discover _____ - _____ - _____ - _____ Exp. Date ____/____**The Friends is an IRS 501-c3 non-profit corporation. Contributions are tax deductible to the extent permitted by law.****For more information please visit: www.wethersfieldct.gov/ebwnaturecenter**



YOUTH/YOUNG ADULTS PROGRAM

Age 8-21. Kids and young adults will be actively involved in different activities depending on the day. Activities such as fitness, sports, arts & crafts, dance, yoga and much more. Min/Max: 6/10. Pitkin Community Center. No class 2/20, 4/9, 4/10.

Date	Day	Time	Res/Non-Res	Code
9/26-5/28	Tu	2:15-5:15P	\$117/\$144	209280-01
9/27-5/29	W	2:15-5:15P	\$117/\$144	209280-02

ADULT SOCIAL CLUB

Age 21+. Adults may participate in an ongoing schedule of activities and programs throughout the year which may include theater, museums, dining, shopping, movies, holiday gatherings, game nights, bowling. Registered adults will provide input and receive a schedule. For additional information, contact Jahlim Cuttino, Therapeutic Recreation Supervisor at 860-721-2765. Min/Max: 1/30. Pitkin Community Center.

Date	Day	Time	Fee	Code
7/1-6/30	M-Su	8:00A-11:00P	\$26	109137-01

LAWN GAMES

Age 13+. Open to individuals with special needs and their peers. Join us for fun with lawn games: Cornhole, giant games such as Connect 4, Jenga and more. The goal of this program is to have a good time by enjoying fun games, music, and most importantly socializing. Participants are encouraged to share ideas of potential lawn games that can be tried or added to our arsenal. The program takes place indoors. Please come in appropriate attire and bring a water bottle. Min/Max: 5/12. Pitkin Community Center.

Date	Day	Time	Res/Non-Res	Code
2/6-3/19	Tu	5:30-6:30P	\$20/\$25	409250-01

TOTAL ATHLETE

Age 14+. Young adults will train their bodies, prepare their minds and get their spirits soaring. Program includes cardio workouts, fitness room use as well as stretching, yoga and "bootcamp" fun. Min/Max: 6/10. Pitkin Community Center. No class 4/10.

Date	Day	Time	Fee	Code
3/20-5/15	W	5:30-6:30P	\$37	509150-01

MIND OVER MILES

Age 13+. Calling all walkers. Open to individuals with special needs and their peers. This program is designed for all levels of walkers, whether that be fast or slow pace on either rough or smooth terrain. Join some old friends and potential new ones for a nice healthy walk while enjoying some fresh air and beautiful scenery. Please come in appropriate attire and bring a water bottle. Min/Max: 6/15. No class 4/8 and 5/27. Pitkin Community Center.

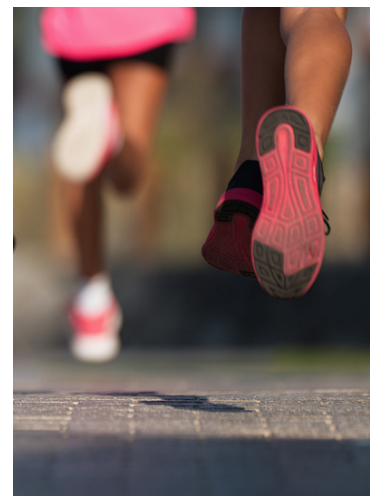
Date	Day	Time	Res/Non-Res	Code
4/1-6/3	M	5:15-6:15P	\$20/\$25	509350-01

CANCELLED

DID YOU KNOW?

Therapeutic Recreation Programs and inclusion services are provided by Parks and Recreation for people with disabilities ages 3 through senior citizens. The department facilitates these opportunities for active participation and inclusion on a variety of levels, and are designed to meet an individual's needs and interests.

Year-round programs provide unique experiences for after school, vacation days, summer camps, special Rec Club trips and Special Olympics training.



SPECIAL OLYMPICS

SPECIAL OLYMPICS SNOWSHOE

Age 8+. Participants will meet in the fitness room. Practice will consist of skill development, training and games. Snowshoes will be provided. Dress appropriately in layers for outdoor participation. When weather does not permit, program will be held indoors. Min/Max: 6/10. Pitkin Community Center.

Date	Day	Time	Fee	Code
1/10-2/28	W	5:30-6:30P	\$37	409160-01

SPECIAL OLYMPICS TENNIS

Age 8+. Open to individuals with special needs and their peers. Participants will have beginner small group instruction and tennis play. Please come in appropriate attire and bring a water bottle. Min/Max: 6/10. Wethersfield High School. No class 3/31.

Date	Day	Time	Fee	Code
3/24-5/19	Su	4:00-5:00P	\$40	509170-01

SPECIAL OLYMPICS TRACK & FIELD

Open to individuals with special needs. Athletes may train in walking or running events, running or standing long jump, softball throw, shot put or turbo javelin. Please come in appropriate attire and bring a water bottle. Min/Max: 6/12. Wethersfield High School. No class 4/8 & 4/9.

Date	Day	Time	Fee	Code
Age 21+				
3/26-5/28	Tu	5:30-6:45P	\$37	509220-01
Age 8-21				
3/26-5/28	Tu	5:30-6:45P	\$37	509220-02



**WETHERSFIELD COVE
&
BOAT LAUNCH**

Main Street. Park includes docks and boat launch with access to the CT River. Tender cleats and mooring rentals are available Memorial Day through Columbus Day. Rentals for the season begin online or in person starting January 3. Copy of valid boat registration and proof of insurance required.



**TOWN EMERGENCY
SHELTER**

Location: William J. Pitkin Community Center, 30 Greenfield Street.

During town-wide emergencies an announcement will be made if opened. Shelter can be reached at 860-721-2750.



GARDEN PLOTS

Wethersfield Fire Department Station #1: 20' x 30' plots available to residents ages 18+. Individuals who purchased a plot in 2023 will be given the opportunity to purchase the same plot for 2024. Registration forms will be mailed to those households January 2024. Fee per plot: \$30.00.

One plot per family, with additional plot assignments made after all interested residents have been satisfied. Register online or in person at Parks & Recreation beginning Thursday, February 22nd.

SPECIAL ACTIVITIES / EVENTS

ELEANOR BUCK WOLF DAY

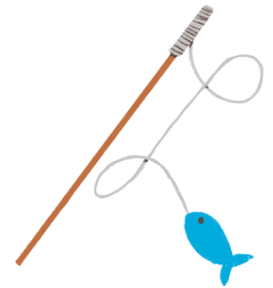
The Friends of the Eleanor Buck Wolf Nature Center are sponsoring "Eleanor Buck Wolf Day 2024" a FREE day of family fun and education honoring the legacy of Eleanor Buck Wolf. There will be activities and crafts for kids of all ages. There will also be a special presentation with live animals (to be announced). All activities will be held Saturday, June 8 from 11:00A - 3:00P at the EBW Nature Center, 156 Prospect St., Wethersfield.



GOOD 'OLE FISHING DERBY

Saturday, April 20, 8:00A - 12:30P, FREE. Open to children in grades K-6. No "reel" experience necessary. Bring your fishing pole. 1st, 2nd, and 3rd prizes for length, smallest and most unusual and tagged fish awards too! Families may continue fishing after 1:00P. Min/Max: 1/50. Spring Street Pond.

Date	Day	Time	Res/NonRes	Code
Grade K-1				
4/20	Sa	10:30-11:30A	FREE	529004-03
Grade 2-4				
4/20	Sa	9:15-10:15A	FREE	529004-02
Grade 5-6				
4/20	Sa	8:00-9:00A	FREE	529004-01
Grade K-12 (special needs population)				
4/20	Sa	11:45A-12:30P	FREE	529004-04



Rain date: April 21. If weather conditions are poor, call Parks & Recreation to confirm event changes.

LOCATIONS

STANDISH PARK

Garden Street & Hartford Avenue. Features Mikey's Place (two universally accessible playscapes for toddlers & children), basketball court, baseball field, tennis and pickleball courts.

MILL WOODS PARK

Prospect Street at Wolcott Hill Road. Features Loretta's Dream Pavilion, skate park, playground, bocce, tennis and basketball courts, sports fields, picnic area, walking paths, playgrounds and a dog park.

WINTERGREEN WOODS

Folly Brook Boulevard & Eagle Drive. Features walking trails through 110 acres of forest and wetlands. The Heritage Way Bikeway/Pedestrian Path connects to other parks.

WILLIAM J. PITKIN COMMUNITY CENTER

30 Greenfield Street. Houses the Senior Center, Wethersfield Community Television, 9/11 Memorial Sports Center, The Learning Circle Preschool and other programs. Rooms may be rented for wedding receptions, anniversaries, birthdays, meetings, etc. The facility is a designated shelter during town-wide emergencies.

SOLOMON WELLES HOUSE

220 Hartford Avenue. An historic house built in 1774 overlooking the Wethersfield Cove. Residents and local businesses may rent this facility for meetings and small parties up to 52 people.



TLC – PLAYGROUP MONDAY

Age 1½ -3½. With parent or caregiver. Provides children an opportunity to play with their peers. This is a child's first introduction to organized preschool activities while still in the company of a parent or caregiver. Circle time, exercise activities, songs, show-n-tell, free play, arts & crafts and more. Min/Max: 10/20. Pitkin Community Center. No class 2/19, 4/8.

Date	Day	Time	Res/NonRes	Code
1/22-4/29	M	9:00-11:00A	\$140/\$160	410080-01
5/6-5/20	M	9:00-11:00A	\$35	510080-01

TLC – PLAYGROUP FRIDAY

Age 1½ - 3½. With parent or caregiver. An interactive literacy based preschool preparedness program. Join us as we read aloud some of our favorite books corresponding to a fun weekly theme. This program will also include circle time, songs, free play and age appropriate crafts related to the weekly theme. Min/Max: 10/20. Pitkin Community Center. No class 3/29, 4/12.

Date	Day	Time	Res/NonRes	Code
1/26-5/3	F	9:00-11:00A	\$140/\$160	410080-03
5/10-5/24	F	9:00-11:00A	\$35	510080-03

TLC - TUMBLE TOTS - DANCE EDITION

Age 1½ -3½ . Child plus parent/caregiver. Join us in this "spin off" of our Playgroup class. Make new friends while exploring gross motor activities in an unstructured, toddler safe environment. There will be materials available for arts and crafts to complete or take home with you. Min/Max: 10/20. Pitkin Community Center. No class 3/29.

Date	Day	Time	Res/NonRes	Code
1/5-1/26	F	11:30A-1:30P	\$40/\$50	310101-01
3/1-3/22	F	11:30A-1:30P	\$40/\$50	410101-01

TLC - PLAYGROUP AFTERNOON

Age 1½ -3½. Ages 18 months to 3 years with parent and caregiver. An interactive literacy based preschool preparedness program. Join us as we read aloud some of our favorite books corresponding to a fun weekly theme. This program will also include circle time, songs, free play and age appropriate crafts related to the week's theme. Min/Max: 10/20. Pitkin Community Center. No class 4/12.

Date	Day	Time	Res/NonRes	Code
2/2-2/23	F	11:30A-1:30P	\$40/\$50	410081-01
4/5-5/3	F	11:30A-1:30P	\$40/\$50	510081-01

CANCELLED

TLC LEARNING CIRCLE PRESCHOOL:

Age 3-5. Spots are still available for this school year 2023- 2024. Max: 20.

- Three Year Old's:** Tu,W,TH 9:00A - 11:30A
- Four Year Old's:** Tu,W,TH 9:00A - 12:15P
- Afternoon Preschool 3's & 4's:** M-Th 12:00 - 2:30P

Call 860-721-2750 for information and fees for the remainder of the school year.



Registration for TLC Preschool 2024-25 school year will begin March 1, 2024. Quarterly payments permitted.

TLC MORNING PRESCHOOL 2024-2025

State-licensed preschool. Designed to foster individual growth in all areas of development with emphasis on social, emotional, physical and cognitive abilities. Promotes school readiness skills in a creative and resourceful atmosphere. Includes learning centers, table time, science and nature activities, arts and crafts, circle time, gym time and outdoor fun. Min/Max: 6/18. Pitkin Community Center. No class 11/5, 11/27, 11/28, 12/24, 12/25, 12/26, 12/31, 1/1, 2/18, 4/15, 4/16, 4/17.

	Date	Day	Time	Fee	Code
Thrilling 3's	9/10-5/22	Tu-Th	9:00-11:30A	\$1900	210137-01
Fearless 4's	9/10-5/22	Tu-Th	9:00A-12:15P	\$2150	210157-01

TLC AFTERNOON KINDERGARTEN READINESS PROGRAM 2024-2025

Age 4-5. State licensed preschool. If your child is affected by the new kindergarten cutoff date, this program may meet you and your child's needs. Designed to focus on Kindergarten readiness. Teachers work with each child to meet their individual benchmarks necessary to begin a successful school journey. Min/Max: 8/18. Pitkin Community Center. No class 10/7, 11/5, 11/27, 11/28, 12/23, 12/24, 12/25, 12/26, 12/30, 12/31, 1/1, 1/20, 2/17, 2/18, 4/14, 4/15, 4/16, 4/17.

	Date	Day	Time	Fee	Code
Afternoon Adventurers 4's & 5's	9/9-5/22	M-Th	12:00-2:30P	\$2150	210171-01

WILLIAM J. PITKIN COMMUNITY CENTER

30 Greenfield Street
Houses the Senior Center, Wethersfield Community Television, 9/11 Memorial Sports Center, The Learning Circle Preschool and other programs. Rooms may be rented for wedding receptions, anniversaries, birthdays, meetings, etc.

TLC Preschool

TLC Preschool is committed to providing high quality preschool programs that enhance the overall development of young children. Children are in a state licensed, child-centered environment with teachers who are educated in and have had experience working with preschool age children. Children are provided with activities designed to help them become independent, self-confident, inquisitive, and enthusiastic learners.

SPARKLER

is a FREE mobile app for Wethersfield families that helps support children's growth from birth to 5 years old.

Download Sparkler: Play for Parenting from Google Play or the App Store. Visit: <https://www.playsparkler.org/CT>

Register after downloading. Open app and tap Create a New Account. Enter Sparkler access code WEC. Create your account. Add a child to your account. Complete profile questions.

ATTENTION PARENTS OF YOUNG CHILDREN

NEW ENTRY AGE FOR KINDERGARTEN REGISTRATION

Children eligible to enter Kindergarten in August 2024 must reach their 5th birthday on or before September 1, 2024.

KINDERGARTEN PARENT ORIENTATION

Thursday, May 2, 2024, from 6:30 - 7:30P at all five of the elementary schools. Parents and caregivers will hear from school staff and learn about kindergarten.

PRESCHOOL SCREENINGS

Have a child(ren) age 3 or 4? Please contact the Board of Education at 860-571-8137 to register for the February 2024 Preschool Screening.

UCONN PEP PARENT LEADERSHIP TRAINING

Each year Wethersfield Public Schools and the Wethersfield Early Childhood Collaborative (WECC) offer free parent leadership training. Classes are limited to 12 participants. To learn more visit: <https://wecc.wethersfield.me/get-involved/parent-leadership-training>.

RESOURCE FOR YOUNG FAMILIES - WECC

The Wethersfield Early Childhood Collaborative (WECC) is a diverse group of community members, educators, parents and local organizations that work to prepare young children to succeed in school. Our goal is to ensure that all Wethersfield's children, birth to 5 are healthy, ready for school and involved in our community.

QUESTIONS ABOUT PROGRAMS FOR CHILDREN BIRTH TO FIVE? CONTACT:

Jessica Coelho, WECC Program Coordinator
860-721-2887, jcoelho@wethersfield.me

QUESTIONS ABOUT RESOURCES IN THE COMMUNITY? CONTACT:

Kim Bobin,
Family & Early Childhood Coordinator,
860-929-1316, kbobin@wethersfield.me

Learn more at: wethersfieldchildhood.com
Follow us on Facebook:
facebook.com/WethersfieldEarlyChildhoodCollaborative



DESSERT DECORATING MY GROWN UP AND ME: CUPCAKES - SNOWMEN, POLAR BEARS AND PENGUINS, OH MY!

Age 2-5. Decorate half a dozen cupcakes. Buttercream and edible decorations will be provided to make two polar bear, penguin and snowmen. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
2/20	Tu	9:00-10:00A	\$30/\$33	429000-01

DESSERT DECORATING GRADES K-6: PULL APART CUPCAKES - SNOWMEN, POLAR BEARS AND PENGUINS, OH MY!

Grade K-6. Decorate one dozen pull apart cupcakes. Decorate using buttercream and edible decorations in your choice of design: snowman, polar bear or penguin. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
2/20	Tu	11:00A-1:00P	\$48/\$63	429013-01

DESSERT DECORATING MY GROWN UP AND ME: BUTTERFLY CUPCAKES

Age 2-5. Decorate spring butterfly cupcakes with your grown up. Edible decorations and a choice of colors will be provided. Min/Max: 6/12. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
4/12	F	9:00-10:00A	\$30/\$33	529000-01

DESSERT DECORATING GRADES K-6: BUTTERFLY CAKES

Grade K-6. Cut one 8-inch cake in half to make the shape of the butterfly. Decorate with a choice of colors and edible decorations provided. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
4/12	F	11:00A-1:00P	\$48/\$63	529013-01



Should the K-6 dessert decorating classes fill and there is a sufficient waitlist, a second class will be added.



NEXT GENERATION CHESS

Age 8-Adult. This teaching chess club is a melting pot of diverse individuals, from young prodigies taking their first steps into the game to seasoned players looking to refine their strategies. A dedicated team of experienced coaches is committed to fostering a love for the game in each and every member. Discover a captivating journey of intellectual growth and skill development. Learn the fundamentals of chess in a fun, supportive and interactive way, through engaging lessons, playful activities, and friendly competitions. Minds will flourish and form lifelong friendships. Whether you are a complete novice or a seasoned player, our expert coaches will provide personalized guidance tailored to your individual goals and aspirations. From learning the basics to exploring advanced strategies, our comprehensive program ensures that every member finds their rightful place in the chess community. Min/Max: 10/20. Pitkin Community Center.

Beginner (ELO rating under 400)

Date	Day	Time	Res/NonRes	Code
3/19-3/28	Tu,Th	5:00-5:45P	\$75/\$85	429200-01
4/16-4/25	Tu,Th	5:00-5:45P	\$75/\$85	429200-02

Intermediate (ELO rating above 400)

Date	Day	Time	Res/NonRes	Code
3/19-3/28	Tu,Th	6:00-6:45P	\$75/\$85	429201-01
4/16-4/25	Tu,Th	6:00-6:45P	\$75/\$85	429201-02

ART PROGRAMS



MYTHS AND LEGENDS

Age 6-12. Listen and learn. Spark creative art experiences with time-honored stories. Exciting myths, legends and tales from around the world inspire artwork to narrate stories in new ways. Folded paper puppets, painted story scrolls and sculpted creatures retell our heritage. Open ears, creativity, and good stories are all we need to get started. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
1/19-2/9	F	4:00-4:45P	\$60/\$70	402072-01

POWERFUL WOMEN ARTISTS

Age 6-12. Be inspired. Create fabulous artwork and learn how powerful women artists influence the visual arts. See how famous women artists tell stories, use striking imagery, advocate for equality, and highlight different cultures. Explore Faith Ringgold's textile imagery, Berthe Morisot's impressionist paintings, and Joan Mitchell's amazing abstractions. Powerful women artists offer innovative, fun viewpoints to the arts. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
3/1-3/22	F	4:00-4:45P	\$60/\$70	402072-02

DID YOU SAY CLAY?

Age 6-12. Hooray for clay. Roll, pinch, pat, press, paint, and sculpt your way through this creative series that features projects with Crayola Air-Dry Clay®, Model Magic®, and Modeling Clay®. Learn about the cultures of Italy, China, Turkey, and Africa's Zulu tribe by making beads, chops, tiles, and masks. Sculptors Jean Dubuffet and Lucien den Arend inspire us to sculpt with colorful shapes and designs, and more. Min/Max: 6/20. Pitkin Community Center. No class 4/12.

Date	Day	Time	Res/NonRes	Code
4/5-5/3	F	4:00-4:45P	\$60/\$70	502072-01

DANCE VACATION CAMP

Grade K-6. Join us if you want more dance time or just want to try something new. Work with staff to try different styles. Put on a short show during the last day of the program. Bring a small snack and water bottle. Min/Max: 7/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
4/9-4/11	Tu-Th	8:30A-12:30P	\$90/\$100	502001-01

BUG ME: YOU ARE GETTING BUGGED CAMP

This creepy crawlers camp is all about bugs, reptiles, nighttime adventures and the teeny tiny world of insects. Create bug habitats, design mazes, and participate in creepy crawler races while learning about bug and reptile characteristics. Join Abrakadoodle, "the best art class to bring out your child's inner Picasso" for this buggy camp filled with insect art, mini-worlds and creative learning experiences. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
4/8	M	9:30A-12:30P	\$40/\$50	502201-01
4/9	Tu	9:30A-12:30P	\$40/\$50	502202-01
4/10	W	9:30A-12:30P	\$40/\$50	502203-01
4/11	Th	9:30A-12:30P	\$40/\$50	502204-01
4/12	F	9:30A-12:30P	\$40/\$50	502205-01

SUPERTASTIC CARTOON ART CAMP

Age 6-12. Do you like to doodle? From superheroes to super-pets, we will turn our doodles into cartoons. Improve your skills and learn new ones while you create a comic strip, a graphic novel or a single-panel comic. Create cartoon vehicles, cartoon robots and an enchanted house while we discover that all characters have a unique way to tell a story. Between speech balloons and claymation, learn about the art of cartooning and its different expressions. This camp is not just a drawing adventure; we will use a variety of art materials to tell our cartoon stories. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
4/8	M	1:30-4:30P	\$40/\$50	502201-02
4/9	Tu	1:30-4:30P	\$40/\$50	502202-02
4/10	W	1:30-4:30P	\$40/\$50	502203-02
4/11	Th	1:30-4:30P	\$40/\$50	502204-02
4/12	F	1:30-4:30P	\$40/\$50	502205-02

WETHERSFIELD TEEN THEATER COMPANY

Age 11-22. This program provides an opportunity to learn about the theater by taking responsibility for the business and creative aspects of running the theater company and producing a summer musical.

Pippin is the upcoming show for production in July 2024.

Auditions will be held in the spring.

Contact Parks & Recreation for more information at 860-721-2890.



Did you know?

We have teamed with the YMCA to offer after care (until 6:00P) for an additional fee at Emerson Williams and Hanmer Schools.

For more information, please contact the Y at 860-521-5830.



Please Note: The following pages list the offerings at each school for the winter and spring.

Remember, you can only register for programs offered at YOUR school.



Keane on Kids After School Enrichment Programs

Keane on Kids After School Enrichment Program continues with a full array of winter and spring offerings. Keane on Kids After School Enrichment Program's vision is to consistently provide a variety of After School Enrichment programs at all Wethersfield Elementary Schools in a safe and fun environment in which all children can participate in athletic, academic and social programs with the support and guidance of caring adults.

Children at all Wethersfield Elementary Schools are welcome to participate. Registration for each activity is through the Wethersfield Parks and Recreation Department. Online registration for all programs is available at wethersfieldct.gov/recreation. Those who are enrolled in the Keane on Kids After School Enrichment programs can enjoy an activity for an hour after dismissal time. Children may sign up for one or more programs (depending upon program availability at each individual school).

Programs will vary seasonally at each school. In addition, there will be a site coordinator at each school who will greet the children at the end of the school day, ensure that the after school program runs smoothly and monitor safe dismissal at the end of the program.

WHAT IS THE KEANE FOUNDATION?

Friends and family of Dick Keane established The Richard M. Keane Foundation to honor his memory and to perpetuate his commitment to enriching the lives of the youth in Wethersfield. The Foundation's purpose is to provide a safe and fun environment in which the community of Wethersfield can come together to participate in athletic, academic and social programs. Find out more at www.keanefoundation.org.



PLUG INTO YOUR IMAGINATION

Grade K-3. Explore new media such as video game art, rice painting, newspaper watercolor and a sculpture made with straws. Without leaving the country our imagination will plug us to Austria, Germany, Switzerland, France and India. Visit a lollipop garden; play on a watercolor piano; celebrate the Festival of Lights and more. Even interface with famous artists such as Fernand Léger and Alberto Giacometti. Min/Max: 6/20.

Date	Day	Time	Fee	Code
1/25-2/29	Th	3:15-4:15P	\$60	411011-01

HAWK FITNESS FUN

A great opportunity for students to increase their fitness level through participation in educational games. Focus on developing students' flexibility, muscular strength and aerobic endurance by participating in fun and exciting physical activities. Taught by PE teacher Jim Coursey. Min/Max: 12/34. No class 5/27.

Date	Day	Time	Fee	Code
4/29-6/10	M	3:15-4:15P	\$60	508550-02
5/2-6/6	Th	3:15-4:15P	\$60	508551-02

CHESS CLUB

Grade 1-6. Learn to play the game of chess. This class is for players that want to learn new strategies and ways to win as well as other chess "secrets." Beginners and those that have never played are also welcome. Learn all the basic moves of the chess pieces, their values, piece interaction, and how to win (checkmate). Min/Max: 10/14.

Date	Day	Time	Fee	Code
4/16-5/21	Tu	3:15-4:15P	\$60	511035-01

GARDEN CLUB

Grade K-6. Learn an abundance of gardening topics such as planting, germination, transplanting, care, and harvesting as well as topics such as pollinators and good and bad bugs. Activities will be done through hands on learning. Children will partner up, giving older students an opportunity to mentor younger kids while they garden together and share in the harvest. Min/Max: 10/20.

Date	Day	Time	Fee	Code
5/9-6/6	Th	3:15-4:15P	\$50	511207-01

COOKING

Grade 1-3. Interested in culinary arts and cooking? Demonstrations, nutrition education and hands-on classes in the preparation of hand stretched pizza and healthy snacks. Hosted by Wethersfield Dining Service's chefs and dietitians. Min/Max: 5/12. No class 4/8.

Date	Day	Time	Fee	Code
4/1-4/22	M	3:15-4:15P	\$30	511065-01

iSTEAM: SECRET AGENT ACADEMY

Grade 1-4. "Secret Agent Academy" is a STE(A)M-focused after school class with a spy-themed curriculum. The class will include a range of hands-on activities and challenges that will encourage students to use critical thinking and problem-solving skills. Learn about the science of encryption and code-breaking, as well as the physics of motion and energy. Students will also explore the world of forensic science, analyzing fingerprints, DNA samples, and other evidence to solve mysteries. Led by experienced instructors, students will work collaboratively and have the opportunity to demonstrate their skills in a final mission. The class aims to excite and inspire students about STE(A)M and encourage further studies in science and technology. Min/Max: 10/15.

Date	Day	Time	Fee	Code
1/24-2/28	W	3:15-4:15P	\$60	411520-01

LION KING MUSICAL CAST

Grade 4-6. Students will bring the African savanna to life on stage with Simba, Rafiki and an unforgettable cast of characters as they journey from Pride Rock to the jungle and back again in this inspiring, coming-of-age tale. Experience auditioning for a role, being coached through the rehearsal process and work as an ensemble to produce a play. All workshops, rehearsals, tech and performances are mandatory. The Musical should not conflict with festival chorus, band or orchestra. Program meets Tuesday and Thursday 3:15 to 4:45P. Rehearsals: 1/16, 1/18, 1/23, 1/25, 1/30, 2/1, 2/6, 2/8, 2/13, 2/15, 2/22, 2/27, 2/29/3/5, 3/7, 3/12, 3/14, 3/19, 3/21, 3/26, 3/28 4/2, 4/3, 4/4, 4/16, 4/17, 4/18 *1/2 days meet right after school to 4:45P. Tech Week: 4/22, 4/23, 4/24, 4/25, 3:15 - 5:45P. Performances: 4/26-7:00P and 4/27-2:00P. Min/Max: 20/30.

Date	Day	Time	Fee	Code
1/16-5/16	Tu,Th	3:15-4:45P	\$150	411166-01



Charles Wright Elementary School

186 Nott Street



These programs are open to students at Charles Wright.



RUNNING CLUB

Grade 3-6. This program will develop and encourage children of all running abilities to progress from their current level to completing a 5K (3.1 miles). Set goals and build up endurance and self-esteem while preparing to participate (run, jog or walk) in a 5K. Min/Max: 5/50. No class 5/1.

Date	4/17-5/29
Day	W
Time	3:15-4:15P
Fee	\$25
Code	533040-01





ANNIE MUSICAL CAST

Grade 4-6. Students will tell the tale of little orphan Annie who charms everyone's hearts despite a next-to-nothing start in 1930's New York City. Annie is determined to find the parents who abandoned her years ago on the doorstep of an orphanage run by the cruel Miss Hannigan. Annie eventually foils Miss Hannigan's evil machinations, finding a new home and family in billionaire, Oliver Warbucks, his personal secretary, Grace Farrell, and a lovable mutt named Sandy. Experience auditioning for a role, being coached through the rehearsal process and work as an ensemble to produce a play. All workshops, rehearsals, tech and performances are mandatory. The Musical should not conflict with festival chorus, band or orchestra. Program meets Tuesday and Thursday 3:15 to 4:45P. Rehearsals: 1/23, 1/25, 1/30, 2/1, 2/6, 2/8, 2/13, 2/15, 2/22, 2/27, 2/29/3/5, 3/7, 3/12, 3/14, 3/19, 3/21, 3/26, 3/28 4/2, 4/4, 4/16, 4/18, 4/23, 4/25, 4/30, 5/2*1/2 days meet right after school to 4:45P. Tech Week: 5/6, 5/7, 5/8, 5/9 Time: 3:15 - 5:45P. Performances: 5/10-7:00P and 5/11 2:00P. Min/Max: 20/30.

Date	Day	Time	Fee	Code
1/23-5/2	Tu,Th	3:15-4:45P	\$150	412166-01

COOKING

Grade 1-3. Interested in culinary arts and cooking? Demonstrations, nutrition education and hands-on classes in the preparation of hand stretched pizza and healthy snacks. Hosted by Wethersfield Dining Service's chefs and dietitians. Min/Max: 5/12.

Date	Day	Time	Fee	Code
1/23-2/6	Tu	3:15-4:15P	\$30	412065-01

SPORTS AND GAMES

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Programs will give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. Students will take part in a variety of skill-building games and activities. Kids will play 2-4 different games/sports each week. Min/Max: 6/15.

Date	Day	Time	Fee	Code
Grade K-2				
4/17-6/5	M	3:15-4:15P	\$60	512205-01
Grade 3-6				
5/2-6/6	W	3:15-4:15P	\$60	512205-02

LEGO S.T.E.A.M. WORKS

Grade 3-5. Children work independently and cooperatively as they begin to explore simple machines using LEGO/DUPLO® early childhood materials. Projects may include spin tops, cranes and hockey players. Min/Max: 8/12. No class 2/19.

Date	Day	Time	Fee	Code
1/22-3/4	M	3:15-4:15P	\$60	412547-01

ARTS & CRAFTS

Grade 1-3. Arts and crafts is the use of various materials to make unique creations. These materials can be simple and complex. Learn how to get crafty with different forms of paper, glue, paints, etc. This class is not limited by paper and will allow students to make more interactive objects. Min/Max: 10/15. No class 2/20 & 3/19.

Date	Day	Time	Fee	Code
2/6-3/26	Tu	3:15-4:15P	\$60	412023-01

CODING WITH MINECRAFT

Grade 2-5. Using the Minecraft Education edition, students will complete lesson plans and solve code using either python or drag and drop coding. Min/Max: 6/10. No class 4/8.

Date	Day	Time	Fee	Code
3/18-4/29	M	3:15-4:15P	\$60	512071-01

NATURE KIDS

Grade 3-6. Embark on a journey to explore the breathtaking beauty of nature while making scientific observations in the environment. Learn about artists who love nature and learn about their techniques while unleashing your creativity to create a beautiful work of art of your very own using various materials such as paint, clay, colored pencils, and markers. Take a closer look at minerals, soil, and wildlife while discovering native plants and beneficial insects. Develop your skills to enrich the native plants and local wildlife and beautify your natural surroundings. Projects include printmaking techniques, sculpture, mixed media art, and more. Taught by Arcari Flora Min/Max: 10/12. No class 5/1.

Date	Day	Time	Fee	Code
4/17-5/29	W	3:15-4:15P	\$60	512300-01



Emerson Williams Elementary School

461 Wells Road



These programs are open to students at Emerson Williams.



RUNNING CLUB

Grade 3-6. This program will develop and encourage children of all running abilities to progress from their current level to completing a 5K (3.1 miles). Set goals and build up endurance and self-esteem while preparing to participate (run, jog or walk) in a 5K. Min/Max: 5/50.

Date	4/23-5/28
Day	Tu
Time	3:15 - 4:15P
Fee	\$25
Code	533041-01





FINDING NEMO MUSICAL CAST

Grade 4-6. Students will perform in the Great Barrier Reef in an adventure with Nemo, who longs to explore the world beyond his anemone home. With the help of lovable characters such as optimistic Dory, laid-back sea turtle Crush, and the supportive Tank Gang, Marlin and Nemo both overcome challenges on their journey to find each other and themselves. Experience auditioning for a role, being coached through the rehearsal process and work as an ensemble to produce a play. All workshops, rehearsals, tech and performances are mandatory. The Musical should not conflict with festival chorus, band or orchestra. Program meets Tuesday and Thursday 3:40 to 5:00 P. Rehearsals: 1/16, 1/18, 1/23, 1/25, 1/30, 2/1, 2/6, 2/8, 2/13, 2/15, 2/22, 2/27, 2/29/3/5, 3/7, 3/12, 3/14, 3/26, 3/28/4/2, 4/4, 4/16, 4/18, 4/23, 4/25. Tech Week: 4/29, 4/30, 5/1, 5/2, 3:30 - 6:00P * Tech week, 1/2 day meets right after school to 6:00P. Performances: 5/3 - 7:00P and 5/4 - 2:00P. Min/Max: 20/30.

Date	Day	Time	Fee	Code
1/16-4/25	Tu,Th	3:40-5:00P	\$150	413166-01

AFTERNOON ATHLETES

A great opportunity for students to increase their fitness level through participation in educational games. Focus on developing students' flexibility, muscular strength and aerobic endurance by participating in fun and exciting physical activities. Taught by teacher Jeremy McPhee. Min/Max: 12/24. No class 1/15, 2/19, 3/6, 3/20, 4/3, 4/8, 4/10, 5/1, 5/27.

Date	Day	Time	Fee	Code
Grade K-2				
1/8-2/26	M	3:30-4:30P	\$60	408520-01
3/11-4/22	M	3:30-4:30P	\$60	508520-01
4/29-6/10	M	3:30-4:30P	\$60	508520-02
Grade 3-6				
1/10-2/14	W	3:30-4:30P	\$60	408521-01
2/21-4/24	W	3:30-4:30P	\$50	508521-01
5/8-6/5	W	3:30-4:30P	\$60	508521-02

ARTS & CRAFTS

Grade 1-3. Arts and crafts is the use of various materials to make unique creations. These materials can be simple and complex. Learn how to get crafty with different forms of paper, glue, paints, etc. This class is not limited by paper and will allow students to make more interactive objects. Min/Max: 10/15. No class 5/1.

Date	Day	Time	Fee	Code
4/17-5/29	W	3:40-4:40P	\$60	513023-01

LEGO S.T.E.A.M. WORKS

Grade 3-5. Children work independently and cooperatively as they begin to explore simple machines using LEGO/DUPLO® early childhood materials. Projects may include spin tops, cranes and hockey players. Min/Max: 8/12.

Date	Day	Time	Fee	Code
1/24-2/28	W	3:40-4:40P	\$60	413547-01

LEGO BUILDING UP S.T.E.A.M

Grade K-2. Children work independently and cooperatively as they begin to explore simple machines using LEGO/DUPLO® early childhood materials. Projects may include spin tops, cranes and hockey players. Min/Max: 6/12. No class 2/20.

Date	Day	Time	Fee	Code
1/23-3/5	Tu	3:40-4:40P	\$60	413542-01



DREAMY ART

Grade K-3. Experience art from the top of the head to the tips of the toes. Learn about Israeli artist Gil Sadeh who creates lip, eye and nose sculptures. Use Model Magic® to create a mouth with expression! The work of fingerprint artist Chuck Close will be explored while we create interesting landscapes using our hands and fingertips. Hands, feet, forearms, lips and even bones help us learn about a variety of artistic styles and create an interesting body of art. Min/Max: 6/20. No class 2/19.

Date	Day	Time	Fee	Code
1/22-3/4	M	3:40-4:40P	\$60	413011-01

COOKING

Grade 1-3. Interested in culinary arts and cooking? Demonstrations, nutrition education and hands-on classes in the preparation of hand stretched pizza and healthy snacks. Hosted by Wethersfield Dining Service's chefs and dietitians. Min/Max: 5/8.

Date	Day	Time	Fee	Code
5/23-6/6	Th	3:40-4:40P	\$30	513065-01

TENNIS

Grade K-3. Students will learn the fundamentals of tennis. This class instills good stroke technique and assessment of space and direction. Low compression balls and smaller (25") racquets will be used. Min/Max: 6/8.

Date	Day	Time	Fee	Code
4/30-6/4	Tu	3:40-4:40P	\$60	513515-01

Hanmer Elementary School

50 Francis Street



These programs are open to students at Hanmer.



RUNNING CLUB

Grade 3-6. This program will develop and encourage children of all running abilities to progress from their current level to completing a 5K (3.1 miles). Set goals and build up endurance and self-esteem while preparing to participate (run, jog or walk) in a 5K. Min/Max: 5/50.

Date	4/19-5/31
Day	F
Time	3:30 - 4:30P
Fee	\$25
Code	533042-01



EARLY MORNING BULLDOG FITNESS

Grade K-6. Each session before school will give your child an opportunity to develop their flexibility, strength and endurance. Students will participate in a variety of fun fitness activities to energize them for the day. Please drop your children off at the front building entrance. Min/Max: 12/35. No class 1/15, 2/19 3/21, 4/8, 4/11, 5/27.

Date	Day	Time	Fee	Code
1/22-3/4	M	8:00-8:35A	\$35	408345-01
1/11-2/15	Th	8:00-8:35A	\$35	408345-02
3/11-4/22	M	8:00-8:35A	\$35	508345-01
3/7-4/25	Th	8:00-8:35A	\$35	508345-02
4/29-6/10	M	8:00-8:35A	\$35	508345-03
5/2-6/6	Th	8:00-8:35A	\$35	508345-04

SUPER ATHLETES

A great opportunity for students to increase their fitness level through participation in educational games. Focus on developing students' flexibility, muscular strength and aerobic endurance by participating in fun and exciting physical activities. Taught by PE teacher Kevin Kobelski. Min/Max: 15/35. No class 1/15, 2/19, 3/21, 4/8, 4/11, 5/27.

Date	Day	Time	Fee	Code
Grade K-2				
1/8-2/26	M	3:30-4:30P	\$60	408540-01
3/11-4/22	M	3:30-4:30P	\$60	508540-01
4/29-6/10	M	3:30-4:30P	\$60	508540-02
Grade 3-6				
1/11-2/15	Th	3:30-4:30P	\$60	408541-01
3/7-4/25	Th	3:30-4:30P	\$60	508541-01
5/2-6/6	Th	3:30-4:30P	\$60	508541-02

SUPER ATHLETES SPRING CAMP

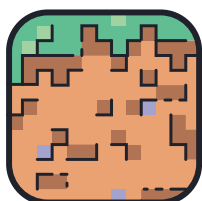
Grade K-6. The exciting 5 day camp will focus on developing students' flexibility, strength and aerobic endurance through fun, exciting, athletic activities. Camp will be taught by Highcrest School Physical Education teacher Mr. Kobelski. Bring a healthy snack and water. Min/Max: 15/35.

Date	Day	Time	Fee	Code
4/8-4/12	M-F	9:00A-12:00P	\$100	508600-01

CODING WITH MINECRAFT

Grade 2-5. Using the Minecraft Education edition, students will complete lesson plans and solve code using either python or drag and drop coding. Min/Max: 6/10.

Date	Day	Time	Fee	Code
5/7-6/4	Tu	3:40-4:40P	\$50	514071-01



LEGO BUILDING UP S.T.E.A.M

Grade K-2. Children work independently and cooperatively as they begin to explore simple machines using LEGO/DUPLO® early childhood materials. Projects may include spin tops, cranes and hockey players. Min/Max: 8/12.

Date	Day	Time	Fee	Code
1/25-2/29	Th	3:40-4:40P	\$60	414542-01

DREAMY ART

Grade 3-6. Bring your wildest dreams to life in this special series dedicated to Dreamy Art. Soar through the night sky with fantastical creatures. Add bursts of shimmering light to your art as you explore the phases of the moon and constellations. Explore Native American legends about dream catchers. Learn about MLK Jr. and dream of a better world through your artwork. No dream is too big for this magical journey through the land of dreams. Min/Max: 6/20.

Date	Day	Time	Fee	Code
1/24-2/28	W	3:40-4:40P	\$60	414011-01

LEGO S.T.E.A.M. WORKS

Grade 3-5. Children work independently and cooperatively as they begin to explore simple machines using LEGO/DUPLO® early childhood materials. Projects may include spin tops, cranes and hockey players. Min/Max: 8/12.

Date	Day	Time	Fee	Code
5/8-6/5	W	3:40-4:40P	\$50	514547-01



GARDEN CLUB

Grade K-6. In this six week Garden Club, clean out the Highcrest garden beds and plant them for the summer months. Plant carrot seeds and radish seeds. Upcycle milk jugs and make mini garlic gardens. Make fairy houses from upcycled milk cartons. Take a field trip to Mrs. Aglieco's house to meet the Chickens. Parents are welcome to participate. Study and hold real live composting worms. Create delicious snacks using vegetables. Enjoy the outside as much as possible. Min/Max: 10/20.

Date	Day	Time	Fee	Code
5/2-6/6	Th	3:40-4:40P	\$60	514207-01

COOKING

Grade 1-3. Interested in culinary arts and cooking? Demonstrations, nutrition education and hands-on classes in the preparation of hand stretched pizza and healthy snacks. Hosted by Wethersfield Dining Service's chefs and dietitians. Min/Max: 5/12.

Date	Day	Time	Fee	Code
3/11-3/25	M	3:40-4:40P	\$30	514065-01

Highcrest Elementary School

95 Highcrest Road



These programs are open to students at Highcrest.



RUNNING CLUB

Grade 3-6. This program will develop and encourage children of all running abilities to progress from their current level to completing a 5K (3.1 miles). Set goals and build up endurance and self-esteem while preparing to participate (run, jog or walk) in a 5K. Min/Max: 5/50.

Date	4/19-5/31
Day	F
Time	3:30-4:30P
Fee	\$25
Code	533043-01



EARLY MORNING VOLLEYBALL CLUB

Grade 5-6. Join the Early Morning Volleyball Club with Ms. McGee. Each class will focus on teaching basic skills, tactics, rules, and positions of the game. A great opportunity to increase your fitness level and have fun. Min/Max: 12/16.

Date	Day	Time	Fee	Code
1/24-2/28	W	8:00-8:35A	\$35	415180-01

COOKING

Grade 1-3. Demonstrations, nutrition education and hands-on classes in the preparation of hand stretched pizza and healthy snacks. Hosted by Wethersfield Dining Service's chefs and dietitians. Min/Max: 5/12.

Date	Day	Time	Fee	Code
2/14-2/28	W	3:40-4:40P	\$30	415065-01

TENNIS

Grade K-3. Students will learn the fundamentals of tennis. This class instills good stroke technique and assessment of space and direction. Low compression balls and smaller (25") racquets will be used. Min/Max: 6/8. **New start date.**

Date	Day	Time	Fee	Code
5/9-6/6	Th	3:40-4:40P	\$60	515515-01

CHESS CLUB

Grade 1-6. This class is for players that want to learn new strategies and ways to win as well as other chess "secrets." Beginners are also welcome. Learn all the basic moves of the chess pieces, their values, piece interaction, and how to win (checkmate). Min/Max: 10/14.

Date	Day	Time	Fee	Code
1/24-2/28	W	3:40-4:40P	\$60	415035-01

CODING WITH MINECRAFT

Grade 2-5. Using the Minecraft Education edition, students will complete lesson plans and solve code using either python or drag and drop coding. Min/Max: 6/10. No class 2/19.

Date	Day	Time	Fee	Code
1/22-3/4	M	3:40-4:40P	\$60	415071-01

YOGA

Grade K-6. Unwind and ease into the school day by participating in yoga with Ms. McGee. Each session will consist of mindful moments as well as improving balance and flexibility. Students will reflect on their emotions and well-being within a safe space. Mats provided or bring your own. Min/Max: 10/25. No class 3/21 & 4/11.

Date	Day	Time	Fee	Code
2/29-4/18	Th	8:00-8:30A	\$35	508535-01

RACQUET SPORTS

Grade 4-6. Students will have the opportunity to try many racquet sports with Ms. McGee. Students will learn the rules of Pickleball, Badminton, Tennis. Location will vary between the Webb gym and the tennis courts, depending on weather. Min/Max: 10/25. No class 5/23 & 5/28.

Date	Day	Time	Fee	Code
4/23-6/6	Tu,Th	8:00-8:30A	\$60	508537-01

PLUG INTO YOUR IMAGINATION

Grade K-3. Explore new media such as video game art, rice painting, newspaper watercolor and a sculpture made with straws. Without leaving the country our imagination will plug us to Austria, Germany, Switzerland, France and India. Visit a lollipop garden; play on a watercolor piano; celebrate the Festival of Lights and more. Even interface with famous artists such as Fernand Léger and Alberto Giacometti. Min/Max: 6/20. No class 2/20.

Date	Day	Time	Fee	Code
1/23-3/5	Tu	3:40-4:40P	\$60	415011-01

SEUSSICAL MUSICAL CAST

Grade 5-6. Transporting audiences from the Jungle of Nool to the Circus McGurkus, the Cat in the Hat narrates the story of Horton the Elephant, who discovers a speck of dust containing tiny people called the Whos. Experience auditioning for a role, being coached through the rehearsal process and work as an ensemble to produce a play. All workshops, rehearsals, tech and performances are mandatory. Should not conflict with events. Rehearsals: 1/16, 1/18, 1/23, 1/25, 1/30, 2/1, 2/6, 2/8, 2/13, 2/15, 2/22, 2/27, 2/29, 3/5, 3/7, 3/12, 3/14, 3/19,, 3/21, 3/26, 3/28, 4/2, 4/4, 4/16, 4/18, 4/23, 4/25, 4/30, 5/2, 5/7, 5/8, 5/9. Tech Week: 5/13, 5/14, 5/15, 5/16. Time: 3:30-6:00P. Performances: 5/17 - 7:00P, 5/18 - 7:00P and 5/19 - 2:00P. Min/Max: 20/30.

Date	Day	Time	Fee	Code
1/16-5/16	Tu,Th	3:40-5:00P	\$125	415166-01

SEUSSICAL BACKSTAGE CREW

Grade 6. Participate in the magic of theatre backstage to bring Seussical to life. Experience all things backstage: sets, props, costumes, lights, sound and more. All rehearsals, tech, and performances are mandatory. Program meets Tuesdays, Wednesdays and Thursdays 4/24, 5/1 (meeting after school half day), 5/2, 5/7, 5/8, 5/9 3:40-5:00P. Tech Week: 5/13, 5/14, 5/15, 5/16time: 3:30-6:00P. Performances: 5/17 - 7:00P, 5/18 - 7:00P, 5/19 - 2:00P. Min/Max: 6/8.

Date	Day	Time	Fee	Code
4/24-5/16	Tu-Th	3:40-5:00P	\$75	515167-01

Webb Elementary School
51 Willow Street



These programs are open to students at Webb.



RUNNING CLUB

Grade 3-6. This program will develop and encourage children of all running abilities to progress from their current level to completing a 5K (3.1 miles). Set goals and build up endurance and self-esteem while preparing to participate (run, jog or walk) in a 5K. Min/Max: 5/50.

Date	Day	Time	Fee	Code
4/17-5/29	W	3:30-4:30P	\$25	533044-01



HOMWORK CLUB

Grade 7-8. This service can be used 2:45-3:45P. Closed during school vacations, half days and snow days. Silas Deane Middle School Media Center. *Program does not follow a.s.a.p. schedule*.

Date	Day	Time	Fee
1/24-3/13	M,W,Th	2:45-3:45P	FREE
4/1-5/23	M,W,Th	2:45-3:45P	FREE

SDMS INTRAMURALS

Grade 7-8. Looking for something fun to do after school? Play basketball, dodgeball, soccer and Frisbee with your friends. Min/Max: 10/20. Silas Deane Middle School. No class 2/19 & 3/6, 4/8, 4/11, 5/1.

Date	Day	Time	Fee	Code
1/22-3/11	M	2:45-3:45P	\$5	434460-01
1/24-3/13	W	2:45-3:45P	\$5	434460-02
1/25-2/29	Th	2:45-3:45P	\$5	434460-03
4/1-5/20	M	2:45-3:45P	\$5	534460-01
4/17-6/5	W	2:45-3:45P	\$5	534460-02
4/4-5/23	Th	2:45-3:45P	\$5	534460-03

AFTERSCHOOL MEDIA CENTER PROGRAMS

Grade 7-8. This service can be used 2:45-3:45P. Wednesday and Thursday on a drop-in basis. Closed during school vacations, half days and snow days. Students can use the school library to participate in a Creative Writing Group on Wednesdays and Special Programs/Literary Events which will be scheduled on Thursdays. Students may also work collaboratively or independently after school on homework or research or utilize the board games or STEAM/Makerspace activities. No class 2/19 & 3/6, 4/8, 4/11, 5/1. Silas Deane Middle School.

Date	Day	Time	Fee
1/24-3/14	W-Th	2:45-3:45P	FREE
4/4-6/5	W-Th	2:45-3:45P	FREE

CHESS CLUB

Grade 7-8. Chess is a great way to challenge your brain. It takes two to play chess, so join the chess club. Learn the moves of all 16 pieces, the basics, and tricks on how to defeat your opponent. Min/Max: 4/16. **Winter & Spring Cancelled.** Silas Deane Middle School.

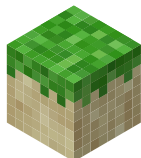
Date	Day	Time	Fee	Code
1/25-3/7	Th	2:45-3:45P	\$20	434035-01
4/4-5/23	Th	2:45-3:45P	\$20	534035-01



MINECRAFT MONDAYS

Grade 7-8. This is an educational version of Minecraft called MinecraftEDU. Play on a private, contained game world in the media center the days and times the club is running. MinecraftEDU allows teachers to push out challenges and "assignments" in the game world for students to collaborate on together. Min/Max: 6/15. Silas Deane Middle School. No class 2/19 & 4/8.

Date	Day	Time	Fee	Code
1/22-3/11	M	2:45-3:45P	FREE	434150-01
4/1-5/20	M	2:45-3:45P	FREE	534150-01



ROBOTICS

Grade 7-8. The Robotics Program will offer students the opportunity to get hands on experience building and programming robots to solve problems. The club uses VEX IQ robot kits and ROBOTC computer program that allows visual programming of the robots. Students will have the opportunity to design and program robots to accomplish tasks of varying complexity. Min/Max: 5/15. Silas Deane Middle School. No class 3/6 & 5/1.



Date	Day	Time	Fee	Code
1/24-3/13	W	2:45-3:45P	\$40	434197-01
4/17-6/5	W	2:45-3:45P	\$40	534197-01

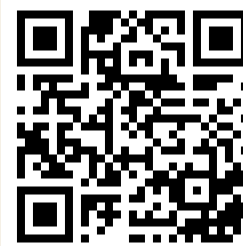
Spring Session Cancelled



BASIC BAKING

Grade 7-8. Learn the basics of baking. Have fun while selecting recipes, preparing baked goods, tasting finished products and competing against each other in baking competitions. Make cupcakes, iced sugar cookies, muffins, cinnamon rolls and more. Min/Max: 10/18. Silas Deane Middle School. No class 3/6 & 5/1.

Date	Day	Time	Fee	Code
1/24-3/13	W	2:45-4:30P	\$55	434020-01
4/17-6/5	W	2:45-4:30P	\$55	534020-01



Silas Deane Middle School

551 Silas Deane Highway
SDMS a.s.a.p.

After School Achievement Programs (a.s.a.p.), Sponsored by Wethersfield Social and Youth Services, in collaboration with Silas Deane Middle School, Wethersfield Parks and Recreation Department and We H.O.P.E./Wethersfield Youth Advisory Board, is designed to offer afterschool enrichment activities to all interested 7th and 8th grade students at Silas Deane Middle School. The goal of a.s.a.p. is to provide students with after school leisure time activity exploration and development within the framework of a primary prevention model.

There will be no after-school activity program on half days, snow days or holidays unless otherwise specified.

If registration places a financial burden on your family, please contact Wethersfield Social and Youth Services or a SDMS administrator or guidance counselor. Students will not be turned away for lack of program fees.

If you have any questions, please contact Patrick Telman at 860-721-2781.

For Registration Policies see page 2 of this brochure for details about online registration. All SDMS students may register on January 3. If registering in person, or by mail, please include the "Youth Services a.s.a.p. Supplemental Registration Form" with your payment and the Parks & Recreation Registration Form.

GYMNASTICS PARENT & CHILD

Age 1 1/2 - 2. An instructor-led class for early development in gymnastics movement. Min/Max: 4/16. Aerial Gymnastics. No class 2/17, 4/13.

Date	Day	Time	Res/NonRes	Code
1/6-1/27	Sa	9:00-9:45A	\$70/\$80	408220-01
2/3-3/2	Sa	9:00-9:45A	\$70/\$80	408220-02
3/9-3/30	Sa	9:00-9:45A	\$70/\$80	408220-03
4/6-4/27	Sa	9:00-9:45A	\$53/\$63	508220-01
5/4-5/18	Sa	9:00-9:45A	\$53/\$63	508220-02
6/1-6/15	Sa	9:00-9:45A	\$53/\$63	508220-03

GYMNASTICS 3 YEARS OLD

Age 3. This is an instructor-led class for the independent 3 year old that expands on early development movement to basic strength and skill development. Min/Max: 4/16.

Aerial Gymnastics. No class 2/17, 4/13.

Date	Day	Time	Res/NonRes	Code
1/6-1/27	Sa	10:00-10:45A	\$70/\$80	408221-01
2/3-3/2	Sa	10:00-10:45A	\$70/\$80	408221-02
3/9-3/30	Sa	10:00-10:45A	\$70/\$80	408221-03
4/6-4/27	Sa	10:00-10:45A	\$53/\$63	508221-01
5/4-5/18	Sa	10:00-10:45A	\$53/\$63	508221-02
6/1-6/15	Sa	10:00-10:45A	\$53/\$63	508221-03

GYMNASTICS 4 & 5 YEARS OLD

Age 4-5. This is an instructor-led class for the sporty 4 and 5 year old (not in kindergarten), that further builds on strength and flexibility to enhance basic skill development. Min/Max: 4/16.

Aerial Gymnastics. No class 2/17, 4/13.

Date	Day	Time	Res/NonRes	Code
1/6-1/27	Sa	11:00-11:45A	\$70/\$80	408222-01
2/3-3/2	Sa	11:00-11:45A	\$70/\$80	408222-02
3/9-3/30	Sa	11:00-11:45A	\$70/\$80	408222-03
4/6-4/27	Sa	11:00-11:45A	\$53/\$63	508222-01
5/4-5/18	Sa	11:00-11:45A	\$53/\$63	508222-02
6/1-6/15	Sa	11:00-11:45A	\$53/\$63	508222-03

GYMNASTICS GRADE K-2

Grade K-2. For the gymnastics loving early elementary students who desire to hone skills, build strength and gain flexibility. This class is excellent for all future athletes as it focuses on core strength throughout all of the fun apparatus set-ups. Min/Max: 4/16.

Aerial Gymnastics. No class 2/17, 4/13.

Date	Day	Time	Res/NonRes	Code
1/6-1/27	Sa	12:00-12:45P	\$70/\$80	408223-01
2/3-3/2	Sa	12:00-12:45P	\$70/\$80	408223-02
3/9-3/30	Sa	12:00-12:45P	\$70/\$80	408223-03
4/6-4/27	Sa	12:00-12:45P	\$53/\$63	508223-01
5/4-5/18	Sa	12:00-12:45P	\$53/\$63	508223-02
6/1-6/15	Sa	12:00-12:45P	\$53/\$63	508223-03

GYMNASTICS INTERMEDIATE

Age 6-16. For gymnasts who want to take their gymnastics skills to the next level. This class is designed to meet each gymnast at their current skill level and use drills and technique correction to improve abilities. Min/Max: 4/16.

Aerial Gymnastics. No class 2/17, 4/13.

Date	Day	Time	Res/NonRes	Code
1/6-1/27	Sa	12:00-1:00P	\$80/\$90	408225-01
2/3-3/2	Sa	12:00-1:00P	\$80/\$90	408225-02
3/9-3/30	Sa	12:00-1:00P	\$80/\$90	408225-03
4/6-4/27	Sa	12:00-1:00P	\$60/\$70	508225-01
5/4-5/18	Sa	12:00-1:00P	\$60/\$70	508225-02
6/1-6/15	Sa	12:00-1:00P	\$60/\$70	508225-03



KARATE

Learn the ancient art of Okinawa ti through the style of karate known as Okinawan Shorin-Ryu instructed by Sensei Lou Roberts. This form of karate will advance you from White Belt to Black Belt over the course of time and hard work. Participants will learn kata (a series of techniques combined in sequence), kumite (one step sparring), control, confidence, self-defense and above all respect for others as well as yourself. Min/Max: 10/16. Silas Deane Middle School. No class 2/19, 4/8, 4/10, 5/27.

Date	Day	Time	Res/NonRes	Code
Age 18-125				
1/17-3/20	M,W	6:30-8:00P	\$155/\$175	408240-03
3/25-5/29	M,W	6:30-8:00P	\$155/\$175	508240-03
Age 7-17				
1/17-3/20	M,W	6:30-8:00P	\$155/\$175	408240-01
3/25-5/29	M,W	6:30-8:00P	\$155/\$175	508240-01

YOUTH VOLLEYBALL

Designed for beginner and intermediate players looking to learn and improve upon fundamental volleyball skills. Focus on passing, setting, hitting and serving. Test these skills during friendly games. Min/Max: 10/24. Wethersfield High School.

Date	Day	Time	Res/NonRes	Code
Grade 5-6				
2/29-4/4	Th	6:30-7:30P	\$55/\$60	408360-01
4/18-5/23	Th	6:30-7:30P	\$55/\$60	508360-01
Grade 7-8				
2/29-4/4	Th	7:30-8:30P	\$55/\$60	408360-02
4/18-5/23	Th	7:30-8:30P	\$55/\$60	508360-02

**Gymnastics Registration will close at 4 pm the Thursday before each session.*

9/11 CENTER OPEN GYM

Grade K-8. This program offers supervised open gym time for pick-up basketball and other activities. Schedule:

- 10:30A-12:00P: Grades K-3 (parents welcome);
- 12:30-2:00P: Grades 4-6;
- 2:00p-3:30P: Middle School students.

Registration is required. Min/Max: 20/40. No 2/17, 3/29, 4/13. Pitkin Community Center.

Date	1/20-4/27
Day	Sa
Time	10:30A-3:30P
Res Fee	\$60
NonRes Fee	\$70
Code	405140-01



SOCIAL AND YOUTH SERVICES PROGRAMS

WEEKEND YOUTH MEAL PROGRAM

If you have children in your home and are experiencing financial hardship, contact Social & Youth Services about the Weekend Youth Meal Program. A caregiver would be responsible for picking up a bag of food every Thursday or Friday. These bags are filled with breakfast, lunch, dinner and snacks for the kids to eat on the weekends.

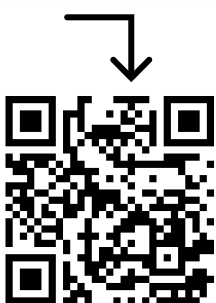
ENERGY ASSISTANCE PROGRAM

Applications are being accepted for the Community Renewal Team (CRT) Energy Assistance Program. This program provides financial assistance for heating expenses during the 2023/2024 heating season.

RENTER'S REBATE PROGRAM

Renter's Rebate Program will commence April 1st and end September 30th. State law provides a reimbursement program for Connecticut renters who are elderly or totally disabled, and whose incomes do not exceed certain limits. Persons renting an apartment or room, or living in cooperative housing or a mobile home, may be eligible for his program. Contact Social and Youth Services for more information at 860-721-2880.

For more information regarding Social and Youth Services, please scan here.



YOUTH SERVICES

SAFESITTER BABYSITTER TRAINING

Grade 6-8. Safe Sitter® is a program where you will learn life-saving skills so you can be safe if you are home alone or watching younger children. Play fun games and practice role-playing exercises. Use mannequins to practice choking rescues. Your parent will feel better knowing you are prepared to handle whatever situation comes up, and you will be ready to be in charge. Min/Max: 2/8. EBW Nature Center.

Date	Day	Time	Fee	Code
2/10	Sa	9:00A-3:00P	\$100	434305-01
4/20	Sa	10:00A-4:00P	\$100	534305-01

FRIDAY NIGHT HANGOUTS

A great opportunity for 6-8th graders to hang out with friends and meet new ones. Play basketball, dodgeball, kickball, board games and more on Friday nights twice per month. Both programs meet 7:00-9:00P. Min/Max: 10/50. 9/11 Memorial Sports Center Gym. Fee: \$25.

6th Grade Winter CANCELLED
~~Program meets: 1/26, 2/9, 3/1, 3/15.~~
 Code 434505-01

7th & 8th Grade Winter
 Program meets: 2/9, 2/23, 3/8, 3/22. Code 434506-01

6th Grade Spring
 Program meets: 4/19, 5/3, 5/17, 5/31.
 Code 534505-01

7th & 8th Grade Spring
 Program meets: 4/5, 4/26, 5/10, 5/24.
 Code 534506-01



SPORTS FOR ADULTS

SUNDAY BASKETBALL LEAGUE

Age 18+. Take your basketball game up a notch. Join the league individually or with friends to form a team. Team play scheduled weekly. Min/Max: 40/70. Wethersfield High School. No class 2/18.

Date	Day	Time	Res/NonRes	Code
1/21-3/24	Su	9:00A-12:00P	\$60/\$70	408035-01

EARLY MORNING BASKETBALL

Age 18+. Early morning, organized pickup games for registered adults before work or school. Min/Max: 8/15. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
4/3-5/29	W	6:00-7:00A	\$25/\$32	508030-02



SENIOR PICKLEBALL CLINIC

Age 55+. Find out what all the excitement is about in the fastest growing sport in the USA: Pickleball. Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Join Certified Pickleball Instructor, Ahmad Elliot, as he teaches you to dink, serve, return and score. All equipment provided. Min/Max: 4/8. Pitkin Community Center.

Date	Day	Time	Fee	Code
1/10	W	8:30-10:30A	\$15	408352-01
1/17	W	8:30-10:30A	\$15	408352-02

SENIOR PICKLEBALL

Age 55+. Register for our indoor Pickleball play on Mondays and Wednesdays. Net will be provided. Bring your own racquet; some available upon request. Open to all skill levels. Learn by playing and observing. Min/Max: 6/18. Pitkin Community Center. No class 2/19, 4/8, 4/10.

Date	Day	Time	Fee	Code
1/22-5/15	M,W	8:30-10:30A	\$25	408351-01



FITNESS

ZUMBA WITH NANCY

Age 16+. Aerobic workout with a Latin-dance twist. Zumba fuses hypnotic Latin and international rhythms with easy to follow moves to create a dynamic fitness program. Min/Max: 10/25. Pitkin Community Center. No class 2/19, 2/20, 4/8, 4/9, 4/10, 4/11.

Date	Day	Time	Res/NonRes	Code
1/16-3/12	Tu,Th	9:30-10:15A	\$65/\$75	405006-01
1/17-3/13	M,W	6:00-6:45P	\$65/\$75	405006-02
3/19-5/16	Tu,Th	9:30-10:15A	\$65/\$75	505006-01
3/18-5/15	M,W	6:00-6:45P	\$65/\$75	505006-02



GOLD WITH SHERYL

Age 40+. An innovative, fun and exciting program designed for the active older adult, the true beginner, people who are not used to exercising, or who may be limited physically. Dance to fantastic music and easy to follow steps. Min/Max: 12/35. No class 2/20, 4/9, 4/11.

Date	Day	Time	Res/NonRes	Code
Pitkin Community Center				
1/16-3/12	Tu,Th	8:30-9:15A	\$65/\$75	405007-01
1/16-3/12	Tu,Th	5:00-5:45P	\$65/\$75	405007-02
3/19-5/16	Tu,Th	8:30-9:15A	\$65/\$75	505007-01
3/19-5/16	Tu,Th	5:00-5:45P	\$65/\$75	505007-02
Remote				
1/16-3/12	Tu,Th	8:30-9:15A	\$65/\$75	405007-19
1/16-3/12	Tu,Th	5:00-5:45P	\$65/\$75	405007-20

YOGA WITH RIKKI

Age 18+. This class is open to all levels and will include yoga postures, gentle movement sequences, breath work, supported meditation, and guided relaxation for increased awareness and mindfulness of the breath and body. Min/Max: 10/25. Remote. No class 3/29 & 4/12.

Date	Day	Time	Res/NonRes	Code
1/19-3/8	F	9:15-10:00A	\$50/\$60	405093-19
3/15-5/17	F	9:15-10:00A	\$50/\$60	505093-19

REIKI

Age 16+. Each attendee will be exposed to and learn all they need to know in order to practice and enjoy reiki healing arts and share reiki healing with interested family and friends. The course includes talk, discussion, demonstrations, and hands-on practice of all methods/material. Two books on reiki healing arts will be included to support what is learned in the class. Min/Max: 6/20. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
1/22-2/5	M	6:15-8:15P	\$150/\$180	405076-01



FITNESS ROOM PASS

Age 16+. Fitness equipment includes treadmills, stationary bikes, ellipticals, dumbbells, medicine balls and floor mats. Disinfectant supplies will be available to wipe down your equipment. Open:

- M,W 8:00-10:00A and 11:00A-9:00P
- Tu,Th 8:00-11:00A, 12:30 - 2:00P and 6:30 - 9:00P
- F 8:00-10:00A and 11:00A-5:00P

Min/Max: 1/50. Pitkin Community Center.

Date	Day	Time	Res/NonRes	Code
1/16-3/15	M-F	8:30A-6:30P	\$20/\$25	405030-01
3/18-6/7	M-F	8:30A-6:30P	\$20/\$25	505030-01

VIRTUAL ONLY FITNESS CLASSES

CARDIO STRENGTH

Age 16+. This fun class provides a complete workout that will help tone and reshape your body. Target the arms, legs, abs and glutes. In addition to using weights to help build strength, this class incorporates light cardio to improve cardiovascular health. The strength and cardio combo is a great way to improve overall fitness and build bone density. Yoga mat, water and weights recommended. (1-3 lb and 5-8 lb or larger if desired). Min/Max: 1/30. Remote.

Date	Day	Time	Fee	Code
1/10-3/27	W	8:30-9:15A	\$92	405027-19
4/17-6/19	W	8:30-9:15A	\$78	505027-19

BARRE-PILATES FUSION

Age 16+. This class combines barre and strength exercises with floor work based on Pilates principles. It is a full-body workout with plenty of stretching and moments to breathe. Equipment needed: a sturdy chair to act as a "barre" to hold on to, sets of weights (allow yourself a range from 2-3 lbs to 5-8 lbs). Mat and water are recommended. Min/Max: 1/30. Remote.No class 1/15 & 2/19.

Date	Day	Time	Fee	Code
1/8-3/18	M	5:45-6:30P	\$71	405059-19

CORE STRENGTH

Age 16+. This functionally and fun class provides a complete workout that will help tone and reshape your body. Use light weights, bands and your own body weight to improve strength, flexibility, balance and stamina to sculpt and tone. Bring a yoga mat, water and light weights. Min/Max: 1/35. Remote.

Date	Day	Time	Fee	Code
1/11-3/28	Th	6:00-6:45P	\$92	405055-19
4/18-6/20	Th	6:00-6:45P	\$78	505055-19

PILATES

Age 16+. Exercises focus on the core muscles which include the abs, back, glutes and shoulders. Work to create balance and strength in your trunk and loosen limbs. Pilates strives to make you strong and long while improving balance, coordination and posture. Every part of the body is worked. Discover muscles you never knew you had. Items needed: mat, water, green (or medium weight) flex band and a 7.5-9 inch stability ball. Min/Max: 1/35. Remote.

Date	Day	Time	Fee	Code
1/9-3/26	Tu	6:00-6:45P	\$92	405050-19
4/16-6/18	Tu	6:00-6:45P	\$78	505050-19



BINGO

Held weekly in the Banquet Room. \$2 fee includes admission and two bingo cards. 50¢ each additional card. Check monthly newsletter and website for updates and special Bingo events.

Day	Time	Fee
Wednesday	12:15P	\$2 SC Member \$4 Non-Member

SETBACK



Everyone is welcome including singles and partners, beginners and experienced players. **Please arrive no later than 12:15P.** Held weekly in the Banquet Room. No setback on 3/29.

Day	Time	Fee
F	1:00P	\$1 SC Member \$2 Non-Member

WII BOWLING

All the fun of bowling without the heavy ball, with benefits of light exercise that improves coordination and balance. Meet new friends and rekindle an old pastime in a new way. Join our group for a little competition and a lot of fun. Beginners welcome.

Day	Time	Fee
Tu	1:00-3:00P	FREE

MAH JONGG

Enjoy this fascinating rummy-like game. New players are always welcome. Instruction available for beginners.

Day	Time	Fee
Tu,Th	9:30A-1:00P	FREE

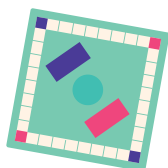
RED ONION SENIOR QUILTERS

Share your love of quilting and sharpen your skills. All skill levels welcome. The group shares quilting techniques, works on a "block of the month" and quilts for charity.

Day	Time	Fee
3rd M/month	10:00A-1:00P	FREE

INFORMAL CARDS, RUMMIKUB, BOARD GAMES

Join for informal card games, Rummikub & Scrabble. Call to schedule time, join an existing game or bring your friends and start a new group. Please contact the SC Coordinator to start a new group or introduce a new game.



CRT LUNCH PROGRAM/SENIOR CAFE

Monday through Friday at the Pitkin Community Center. Suggested donation: \$3 for ages 60+ and companion; under age 60 fee is \$10. Reservation required; to reserve your meal, call 860-721-2773 no later than noon one day (weekday) before the day you plan on dining with us.

AFTERNOON MOVIES

Join us for a variety of newly released and classic movies, Wednesdays for Action/Thriller/Westerns. No movies on days when special events are scheduled.

Day	Time	Fee
M, W,Th	1:00P	FREE

BUS TRIPS

Day and overnight trips are scheduled throughout the year. More information can be found in the monthly newsletter and on our website.

ENTERTAINMENT EVENTS

Live, fabulous musical entertainment held monthly. Door prizes included in admission. Mondays at 1:00P. Dates, performers, menu and admission price will be listed in our monthly newsletters and on our website.

AARP SMART DRIVING COURSE

Refresh your driving skills and qualify for at least a 5% reduction in your car insurance premiums. **REGISTRATION REQUIRED.**

Date	Time	Fee
2/29	9A-1P	\$20 AARP Mbr
5/23	12-4P	\$25 Non-AARP

LEGAL RESOURCE

Atty. Joan Wilson, of Wilson, Pinder & Snow LLC, offers free consultations on legal matters to Senior Center members regarding estate planning, elder law and probate issues. Atty. Wilson determines your legal needs and provides an estimate of costs for her services or a referral for advice from attorneys with other specialties. **APPOINTMENT REQUIRED.**

Date	Time	Fee
3rd Tu/month	10:30A – 12:30P	FREE



SENIOR CENTER

Pitkin Community Center
30 Greenfield Street
Amy Miller Dignoti,
Senior Center Coordinator
Phone:
(cell) 860-781-0300 or
(office) 860-721-2770

Email:
senior.center@wethersfieldct.gov

Please call or email the Senior Center to register for events and programs or to schedule appointments. Senior Center news and updates can be found in our monthly newsletter, on our website, and in the Rare Reminder at the end of each month.

ANNUAL MEMBERSHIPS

A Senior Center membership is required to participate in all ongoing classes and programs and qualifies participants for discounted admission to monthly programs. The Center depends on membership dues and class fees for its continued operation. Renewals and new memberships can be completed online, in person at the Senior Center or by mailing a completed membership form.

\$5 FOR WETHERSFIELD RESIDENTS

\$7 FOR NON-RESIDENTS

Age 90+ FREE

**WETHERSFIELD
SOCIAL & YOUTH
SERVICES
860-721-2880**

Please call us for information regarding federal, state and local assistance programs such as renters rebate, energy assistance, food stamps and housing resources. Also, if you are experiencing financial difficulty, food insecurity or having trouble meeting your basic needs please call for available resources and information on how we can help.



**WETHERSFIELD
ELDERLY SERVICES:**
Daniel Rosario, social worker and Elderly Services Coordinator can assist with federal, state and local assistance programs and housing resources.

The department is available to provide assistance and services if you are experiencing financial difficulties or need access to food, basic needs, or transportation. Call for information on Energy Assistance, SNAP vouchers, Dial-a-Ride and CHOICES.

**SENIOR CITIZEN ADVISORY
COMMITTEE**

The Wethersfield Senior Citizen Advisory Committee (SCAC) meets monthly, on the third Thursday at 3:00P at the Senior Center. Representatives from the Town of Wethersfield and Town Council meet to discuss topics of interest to Wethersfield residents over the age of 55. For more information or to join us at our next meeting, please contact the Senior Center.

Day	Time
3rd Th/month	3:00P

HEALTH & WELLNESS SERVICES

FOOT CARE

Includes cleaning, filing, trimming, reducing corns and calluses by licensed RN. Seniors only. No diabetics. Appointment required.

Day	Time	Fee
1st/3rd W/month	8:30A – 4:00P	\$30

AUDITORY CONSULTATIONS

Free hearing screenings, wax checks and hearing aid battery replacement. Appointment required. First Thursday every other month.

Day	Time
1st Th	10:00A-12:00P

MONTHLY MASSAGE

Licensed massage therapists offer chair and full table massages at discounted rates for Senior Center members. Appointment required.

Day 2nd & 4th Wednesday/month and 4th Friday
15 min, 30 min or 60 min massage available with Connie

1st & 3rd Monday/month –
60 min Swedish massage available with Holly

Fee	60 minute \$50
	30 minute \$25
	15 minute \$10



**WETHERSFIELD TECH HELP FOR
SENIORS**

Tech help for Senior offers individual and small group instruction to help meet all of your technology needs. Our tutors are available for help with iPhones, iPads, Android phones and tablets; fun and useful applications, Windows, Microsoft Office and more.

One-to-One assistance is available by appointment. Sessions are based on your individual needs and questions. Donation \$10 per hour.

**MAKE YOUR OWN PHOTO BOOK
WORKSHOP**

Learn how to take your family and travel photos and display them in a professional, bounded book. This 4-session class will teach you what is needed to create a photo book, help you upload pictures from your phone, tablet or laptop to the photo book website; learn how to edit, crop, organize and design your photo book. Instruction on how to order and pay for each book. Limit to 6 people per class. Light refreshments will be available.

Code: 437860-01

Date	Day	Time	Fee
2/5	M	10:00A-12:00P	\$10/for all 4
2/6	T	10:00A-12:00P	
2/12	M	10:00A-12:00P	
2/13	T	10:00A-12:00P	



For more information, to register for classes or inquire about one on one assistance, please call the Senior Center or email: techhelpforseniorswethersfield@gmail.com

THE ARTIST'S JOURNEY

Age 55+. Begin your artists' journey with our highly talented instructor, Deidre, who has a knack for helping you find your creative inner artist. Deidre's expertise and knowledge of painting and drawing techniques in different mediums will help you grow as an artist and tap into your own creativity. Participants can work in the medium of their choice. All ability levels welcome. Min/Max: 7/14.

Pitkin Community Center. **No class 5/8 & 5/9.**

Date	Day	Time	Fee	Code
1/10-3/20	W	10:00-11:30A	\$83	436005-01
1/11-3/21	Th	10:00-11:30A	\$83	436005-02
4/7-6/5	W	10:00-11:30A	\$60	536005-01
4/8-6/6	Th	10:00-11:30A	\$60	536005-02

PAINT PARTY

Age 55+. Enjoy a guided paint class, similar to Paint Nights hosted at local restaurants, bars or studios, at a fraction of the cost. Our talented instructor, Joann, will help you create beautiful seasonal paintings. You don't need to be an "artist" to have a fun experience and create something amazing in one night. Fee includes materials and refreshments and a bite to eat while you paint. Min/Max: 6/15. Pitkin Community Center.

Date	Day	Time	Fee	Code
1/23	Tu	3:00-5:00P	\$20	436020-01
2/6	Tu	3:00-5:00P	\$20	436020-02
3/5	Tu	3:00-5:00P	\$20	436020-03
4/9	Tu	5:00-7:00P	\$20	536020-01
5/14	Tu	5:00-7:00P	\$20	536020-02
6/4	Tu	5:00-7:00P	\$20	536020-03

SCULPTING & NEEDLE FELTING

Age 55+. Sculpt amazing figurines using traditional sculpting materials or learn a new technique needle felting using wool. Your talented instructor, Deidre, has years of experience and training. She will assist all skill levels, help improve technique and create beautiful art. Learn to mold clay or needle felt woolen sculptures of your choosing including adorable animals and decorative or holiday items. Sculpting is simple in concept and results in elaborate pieces of art. Min/Max: 5/14. Pitkin Community Center.

Date	Day	Time	Fee	Code
1/10-3/20	W	10:00-11:30A	\$83	436025-01
1/11-3/21	Th	10:00-11:30A	\$83	436025-02
4/7-6/5	W	10:00-11:30A	\$60	536025-01
4/8-6/6	Th	10:00-11:30A	\$60	536025-02



CHAIR YOGA

Age 55+. A fabulous yoga basics class that adapts easily to any fitness level. All movements can be done seated and will work your core and extremities. Benefits include increased flexibility, strength and relaxation. Min/Max: 15/30. No class 2/19 & 5/27.

Date	Day	Time	Fee	Code
Pitkin Community Center				
1/8-3/18	M	11:30A-12:20P	\$36	436235-01
1/11-3/21	Th	11:30A-12:20P	\$44	436235-02
3/25-6/10	M	11:30A-12:20P	\$36	536235-01
3/28-6/6	Th	11:30A-12:20P	\$44	536235-02
PCC - United Healthcare Active Renew				
1/8-3/18	M	11:30A-12:20P	FREE	436235-11
1/11-3/21	Th	11:30A-12:20P	FREE	436235-12
3/25-6/10	M	11:30A-12:20P	FREE	536235-11
3/28-6/6	Th	11:30A-12:20P	FREE	536235-12
Remote				
1/8-3/18	M	11:30A-12:20P	\$36	436235-19
1/11-3/21	Th	11:30A-12:20P	\$44	436235-20
3/25-6/10	M	11:30A-12:20P	\$36	536235-19
3/28-6/6	Th	11:30A-12:20P	\$44	536235-20
Remote - United Healthcare Active Renew				
1/8-3/18	M	11:30A-12:20P	FREE	436235-99
1/11-3/21	Th	11:30A-12:20P	FREE	436235-98
3/25-6/10	M	11:30A-12:20P	FREE	536235-99
3/28-6/6	Th	11:30A-12:20P	FREE	536235-98



Senior Pickleball Clinic and Pickleball information can be found on page 21.

SENIOR CENTER

Pitkin Community Center
30 Greenfield Street
Amy Miller Dignoti,
Senior Center Coordinator
Phone: (cell) 860-781-0300 or
(office) 860-721-2979

Email:
senior.center@wethersfieldct.gov.

Please call or email the Senior Center to register for events and programs or to schedule appointments. Senior Center news and updates can be found in our monthly newsletter, on our website, and in the Rare Reminder at the end of each month.

The Wethersfield Senior Center serves adults 55 years and older, offering social, educational, entertainment, health and wellness programs. The Center is also a source of information and referral to programs and services that can help seniors and their families find the resources needed to maintain active, independent and fulfilling lives.

If you would like to receive regular emails and updates from the WSC, please email senior.center@wethersfieldct.gov to be added to our email distribution list. Receive a weekly update on programming, events and important information such as vaccines, tax assistance and status of programs at the Center.



WHAT IS SILVER SNEAKERS?

SilverSneakers is a health and fitness program designed for adults 65+ that's included with many Medicare Advantage plans.

The goal? To help you stay strong in body, mind, and spirit. Regular physical activity keeps your heart, brain, bones, muscles, and joints healthy.

INTERESTED IN HELPING OUT?

Volunteers are always welcome at the Senior Center! We have opportunities that range from assisting with special events and projects, mailings and notification to members, making phone calls, or regular weekly projects. Perhaps you have a special talent or knowledge base you would like to share! To further discuss volunteer opportunities at the Senior Center, please call 860-721-2770 or email the Senior Center Coordinator at senior.center@wethersfieldct.gov.

SilverSneakers

SILVER SNEAKERS STRENGTH AND BALANCE

Age 55+. This class focuses on exercises and movements that will make you stronger, improve balance and reduce fall risks. Classes are suitable for all fitness levels as exercises are adapted for each individual's skill level. A chair is used for balance and support. Min/Max: 5/30.

Date	Day	Time	Fee	Code
Pitkin Community Center				
1/9-3/19	Tu	10:00-10:45A	\$44	436260-01
1/11-3/21	Th	10:00-10:45A	\$44	436260-02
3/26-6/4	Tu	10:00-10:45A	\$44	536260-01
3/28-6/6	Th	10:00-10:45A	\$44	536260-02
PCC - United Healthcare Active Renew				
1/9-3/19	Tu	10:00-10:45A	FREE	436260-11
1/11-3/21	Th	10:00-10:45A	FREE	436260-12
3/26-6/4	Tu	10:00-10:45A	FREE	536260-11
3/28-6/6	Th	10:00-10:45A	FREE	536260-12

Date	Day	Time	Fee	Code
Remote				
1/9-3/19	Tu	10:00-11:45A	\$44	436260-19
1/11-3/21	Th	10:00-10:45A	\$44	436260-20
3/26-6/4	Tu	10:00-10:45A	\$44	536260-19
3/28-6/6	Th	10:00-10:45A	\$44	536260-20
Remote - United Healthcare Active Renew				
1/9-3/19	Tu	10:00-10:45A	FREE	436260-99
1/11-3/21	Th	10:00-10:45A	FREE	436260-98
3/26-6/4	Tu	10:00-10:45A	FREE	536260-99
3/28-6/6	Th	10:00-10:45A	FREE	536260-98



WALKING DVD

MEMBER DIRECTED. Our group of walkers follows a DVD that incorporates simple aerobic exercises with a continuous walk in place. Upbeat music keeps you motivated and invigorated. Beginners welcome. No class 1/16, 2/20, 4/7, 5/29.

Day M, W, F
Time 10:00-11:00A
Fee FREE for SC members

SILVER SNEAKERS STABILITY

Age 55+. The movements taught in the SilverSneakers Stability class focus on specific exercises to improve strength and power around the ankle, knee and hip joints, while improving your reaction time. This class is designed for fall prevention and is suitable for nearly every fitness level. Chairs may be used for balance. Class will be offered remotely through the Zoom App. Min/Max: 1/30. Remote.

Date	Day	Time	Fee	Code
1/12-3/22	F	10:00-10:45A	\$44	436261-19
3/29-6/7	F	10:00-10:45A	\$44	536261-19
United Healthcare Active Renew				
1/12-3/22	F	10:00-10:45A	FREE	436261-99
3/29-6/7	F	10:00-10:45A	FREE	536261-99

BETTER HEALTH AND IMPROVING BALANCE WITH TAI CHI/QIGONG

Age 55+. Participating in this class has many benefits including improved flexibility, strength, balance and mental focus. Through gentle movements from T'ai Chi Chuan along with teachings from the ancient healing system Qigong this class will help reduce pain; boost concentration and increase energy. Movements can be adapted for all fitness levels. Sessions include movements and meditation in both standing and/or sitting positions. Students will leave with a routine and tips for sustaining a daily practice. Min/Max: 10/30.

Date	Day	Time	Fee	Code
Pitkin Community Center				
1/10-3/20	W	10:30-11:30A	\$44	436252-01
4/10-6/5	W	10:30-11:30A	\$36	536252-01
PCC - United Healthcare Active Renew				
1/10-3/20	W	10:30-11:30A	FREE	436252-11
3/27-6/5	W	10:30-11:30A	FREE	536252-11
Remote				
1/10-3/20	W	10:30-11:30A	\$44	436252-19
4/10-6/5	W	10:30-11:30A	\$36	536252-19
Remote - United Healthcare Active Renew				
1/10-3/20	W	10:30-11:30A	FREE	436252-99
3/27-6/5	W	10:30-11:30A	FREE	536252-99



Wethersfield Senior Center

30 Greenfield Street, Wethersfield, CT 06109 Phone: (860) 721-2979 Cell: (860) 781-0300

Program and Membership Registration Form**HOUSEHOLD CONTACT INFORMATION – ALL INFORMATION MUST BE COMPLETED**

Adult First Name _____ Last Name _____

Adult First Name _____ Last Name _____

Street Address _____ City _____ State _____ Zip _____

Home Phone _____ Cell _____ DOB _____

Work Phone _____ Email Address _____

Emergency Contact _____ Relationship _____ Phone _____

PROGRAM REGISTRATION

Participant	M/F	DOB	Program Name	Program Code	Fee

Special Information (allergies, medical conditions, medications, etc.) _____

Annual Membership Fees: Residents - \$5.00 Non-Residents - \$7.00 Age 90+ - FREE

[] \$5.00 - Resident [] \$7.00 - Non-Resident [] \$FREE – Age 90+

[] Renewal Membership [] New Membership

Please check if you are interested in the following programs:

Exercise Crafts Movies Setback Bingo Cards/Games
 Golf Art Trips Choir Wii Bowling Continuing Education
 Lectures Entertainment/Music Volunteering Other _____

WAIVER – READ CAREFULLY AND SIGN BELOW

I acknowledge there are certain risks in participating in a recreational activity and agree to assume the risk of injury which I and/or my child may encounter. I grant permission to seek emergency, medical care on behalf of myself and/or child. (Medical approval is suggested for those participating in any exercise class.) I further agree I will not hold employees of the Town of Wethersfield or its agents liable for any injuries which I and/or my child may encounter. I grant permission for transportation in authorized vehicles for Parks & Recreation activities and for photographs to be taken for department publicity unless otherwise noted in writing. In addition, I acknowledge all household information provided is true and accurate. The Parks & Recreation Department may request further verification regarding the information provided.

Adult Signature: _____ Date _____

PAYMENT INFORMATION – MAKE CHECKS PAYABLE TO THE TOWN OF WETHERSFIELD

Payment Type: [] Check # _____ [] Cash _____ [] Credit Card

Program Fees Subtotal \$ _____

Donation for camp fund

(Provides assistance for families unable to afford program fees for summer camp.)

Donation + _____

(optional)

Credit Card Signature _____ Date _____ Total Amount \$ _____

I agree to pay the total amount according to the cardholder agreement. Please refer to refund policy in brochure.

[] Visa [] Mastercard [] Discover _____ - _____ - _____ - _____ Exp. Date ____ / ____

Wethersfield Parks & Recreation Department

505 Silas Deane Highway, Wethersfield, CT 06109 Phone: (860) 721-2890 wethersfieldct.gov/recreation

Program Registration Form**HOUSEHOLD CONTACT INFORMATION – PLEASE FILL OUT COMPLETELY**

Adult First Name _____ Last Name _____
 Adult First Name _____ Last Name _____
 Street Address _____ City _____ State ____ Zip _____
 Home Phone _____ Cell Phone _____
 Work Phone _____ Email Address _____
 Emergency Contact _____ Relationship _____ Phone _____

PROGRAM REGISTRATION

Participant	M/F	DOB	Grade	Program Name	Program Code	Fee

Special Information (allergies, medical conditions, medications, etc.) _____

POOL PASS Individual Pass - \$40 Family Pass - \$65 (Limited to 2 adults and the children living in household)

Individual Pass - First & Last Name	Age	DOB

	Family Pass - Name	Age	DOB	Family Pass - Name	Age	DOB
Adult 1						
Adult 2						

WAIVER - READ CAREFULLY AND SIGN BELOW

I acknowledge there are certain risks in participating in a recreational activity and agree to assume the risk of injury which I and/or my child may encounter. I grant permission to seek emergency, medical care on behalf of myself and/or child. (Medical approval is suggested for those participating in any exercise class.) I further agree I will not hold employees of the Town of Wethersfield or its agents liable for any injuries which I and/or my child may encounter. I grant permission for transportation in authorized vehicles for Parks & Recreation activities and for photographs to be taken for department publicity unless otherwise noted in writing. In addition, I acknowledge all household information provided is true and accurate. The Parks & Recreation Department may request further verification regarding the information provided.

Adult Signature: _____ Date _____

PAYMENT INFORMATIONPayment Type: Check # _____ Cash _____ Credit Card **Program Fees Subtotal \$** _____**Donation for camp fund** (Provides assistance for families unable to afford program fees for summer camp.) **Donation +** _____ (optional)Credit Card Signature _____ Date _____ **Total Amount \$** _____

I agree to pay the total amount according to the cardholder agreement. Please refer to refund policy in brochure.

 Visa Mastercard Discover _____ - _____ - _____ - _____ Exp. Date ____ / ____